



McKinney Sunrise Rotary Club Sunrise Sentinel

April 8, 2015

Officers and Directors 2014 – 2015

President	Steve Mitas
President Elect	Larry Offerdahl
Secretary	Gary Taylor
Treasurer	Dennis Snavelly
Vice President, Fund Raising	Chuck Koehler
Club Service Director	Ron Baker
Vocational Service Director	Ruben Delgado
Youth Services Director	Gene Sera
Community Service Director	Scott Parker
International Service Director	Trevor Castilla
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ed Miles

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Bryan Henderson & Alex Vispoli

Past Presidents

2013-14.....	Bill Smith
2012-13.....	Gary Taylor
2011-12.....	Stacey Kemp
2010-11.....	Donas Cole
2009-10.....	Nathan White
2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl
1998-99.....	Chuck Koehler



Frisco Roughriders

Rotary District 5810

District Governor	Bill Dendy De Soto Rotary
District Governor Elect	Larry Webb, Prestonwood Rotary
District Governor Nominee.....	Bill Dendy, E-Club

Rotary International

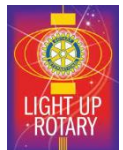
President..... Gary C.K. Huang, Taipei Rotary, Taiwan

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Frisco Roughriders

Bryan is a Corporate Marketing Manager for the Frisco RoughRiders and next season will be his fourth with the team. He helps businesses of all sizes grow their bottom lines through the use of RoughRiders game experiences. Bryan joined the RoughRiders in June 2012 after completing an internship with the team at the beginning of the year. Originally from Dallas, Texas, he graduated from Texas A&M with a Sport Management degree in 2012 and also is a graduate of Highland Park High School. He enjoys hunting, fishing, and playing sports.

Alex Vispoli is the Manager of Broadcasting and Media Development for the Frisco RoughRiders. This will be his fourth season as the "Voice of the RoughRiders," broadcasting all 140 home and road games on radio and television. In addition to delivering the play-by-play of every game, Alex oversees the team's media relations and social media efforts. This season will be Alex's ninth as a baseball broadcaster; he previously worked for Minor League teams in North Carolina, Ohio and Virginia and has also worked in college sports as the studio host for the radio broadcasts of Florida State and Georgia Tech football and basketball. Alex is a proud graduate of Syracuse University and a native of Andover, Massachusetts.

Every Day is World Water Day With Rotary

At least 3,000 children die each day from diarrheal diseases caused by unsafe water, a grim reminder for Rotary members who make providing clean water and sanitation an organizational priority. While very few people die of thirst, millions die from preventable waterborne diseases, providing the impetus for our members to provide toilets and latrines and other clean water initiatives in underdeveloped countries. Members also teach these communities to maintain new infrastructure, and organize educational projects to promote hand-washing and other good hygiene habits.

Though 22 March is recognized as World Water Day, our commitment to these causes is ongoing. In Ghana, Rotary member Samuel Obour spearheads projects to install latrines, washing stations, and toilets across Ghana. In Latin America, youth from Connecticut, USA, lay water pipelines for communities for high altitude villages. Dozens of other water projects await financial support, from water harvesting in Mexico to a well for clean potable water in Egypt.

Or meet us in São Paulo on 4 June for our World Water Summit, the seventh time Rotary members have hosted NGOs, nonprofits, businesses, and concerned citizens of the world for learning, networking, and discussion around clean water. In addition to our summit, members regularly host water experts for roundtable discussions at their clubs.

In Evanston, Illinois, join local and national experts for Tap Into Lake Michigan, a panel discussion on local perspectives to the global water crisis on 31 March. The event brings together Rotary members and the general public to mingle with influencers and representatives of local water organizations.

Nursing School Helps Indigenous Community Survive in Uganda

For thousands of years, the Batwa Pygmies lived among the silverback mountain gorillas in the Bwindi Impenetrable Forest of southwest Uganda. But in 1992, the forest was declared a World Heritage Site to protect the endangered silverback, and the Batwa lost their home.

Forced to transition from hunter-gatherers to farmers, they did not adapt well, and their very survival was threatened.

Over the years, Rotary members in the United States, Uganda, and other parts of the world helped with efforts to aid the Batwa. Most recently, those efforts have focused on the creation of a nursing school to serve the entire southwestern part of the country.

Dr. Scott Kellermann, a physician and Rotary member from California, USA, discovered the plight of the Batwa in 2000, when he and his wife, Carol, traveled to the area as medical missionaries to assess the indigenous people's needs. He describes the situation they found: "Abject poverty. No access to health care, no access to education, no clean water, no sanitation, land insecurity, and food insecurity."

The Kellermanns' survey found that 38 percent of the Batwa died before the age of five -- twice the rate of Uganda as a whole -- and that the average life expectancy was 28.

BUILDING A HOSPITAL

Shortly after his first visit, Kellermann and his wife sold their possessions, including his medical practice, and moved to Uganda -- where they stayed fulltime until 2009 -- to help the Batwa. Starting with mobile clinics held under trees and with IVs hanging from branches, they treated "200, 300, sometimes 500 people a day," Kellermann recalls. Eventually, they launched a foundation and built Bwindi Community Hospital.

Kellermann's Rotary connections helped to equip it. Projects supported by a series of Rotary Foundation grants and backed by members in Uganda, the United States, and other parts of the world provided an operating theater, a dental unit, generators, solar panels, and clean water and improved sanitation, and taught the Batwa how to raise small livestock to improve their nutrition.

Now, the infant mortality rate is down to 6 percent, and the number of women dying in childbirth has declined 60 percent.

"Rotary has been incredible," says Kellermann. "It doesn't just throw money at a problem. It goes through a local Rotary club so Rotarians on the ground come out to make sure the projects are successful. What Rotary did was look at the broader picture and say, hey, a hospital is great. But you need to prevent these diseases. You need to provide water and sanitation. You need to teach these women how to feed their kids." A project aimed at reducing the incidence of malaria distributed thousands of bed nets to families through tribal healers. "In 2006, we were losing one to two kids every week to malaria," Kellermann says. "After Rotary helped us distribute 25,000 bed nets, we went nine months without a kid dying from malaria. Rates have dropped over 90 percent."

CREATING A NURSING SCHOOL

A few years ago, two entrepreneurs, James Jameson and Steve Wolf, met Kellermann while they were in the area to track gorilla. After they learned of the need for a nursing school, they

contributed more than \$650,000 to plan, design, and build it. The Uganda Nursing School Bwindi opened in November 2013. The pair also paid to send Jane Anyango, a registered nurse at the Bwindi hospital, to Queen Margaret University in Edinburgh, Scotland, where she earned a master's degree in nursing that enabled her to take over as the school's principal teaching tutor. And they provided iPads, loaded with a year's worth of textbooks, for every nursing student at the new school.

Last year, Jerry Hall, a past Rotary International vice president, led a vocational training team of nursing educators who spent two weeks developing the school's curriculum, instruction, and administration. Hall had met Kellermann during a previous project, when Hall was a Rotary director, and he had become a strategic planning consultant for the hospital.

Hall says that after the vocational training team returned home, a team member affiliated with the University of San Francisco arranged for Anyango to have access to the university's trove of digital information. Another team member arranged to have flash drives loaded with nursing curriculum sent to the school.

"The technology they have at the school is the first of its kind in Uganda," says Hall. "The chair of the Uganda Nursing Council attended a grand opening celebration during our stay and was blown away by some of it.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p>Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> <p style="text-align: center;">Edited</p>	<p>7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p>Noon Farmersville Rotary O.E. Carlisle Civic Center 201 Orange St.</p> <p>Noon Plano West Rotary Greek Isle Rest. @ 3309 N. Central Expressway</p> <p>7:00 PM Dallas Evening Rotary La Calle Dolce 415 W. 12th Dallas, Tx</p>	<p>7:30 AM Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p>Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p>Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p>Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p>Noon Frisco Rotary Dave & Busters Stonebriar Centre</p> <p>Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p>Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p>7:30 AM Melissa Rotary First Baptist Church 2101 E Melissa Rd</p> <p>5:15 PM McKinney Sunset Spoons Garage On the Square Downtown McKinney</p>	<p>7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p>Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p>Noon Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p>Noon Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p>Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<p>Online Makeup www.rotaryclubone.org</p>				

Heads Up! Programs and Events

April 8-----Bryan Henderson & Alex Vispoli – Frisco Roughriders

April 9-----Mayor Brian Loughmiller, McKinney, State of the City

April 15-----Ruth Thompson – Founder, President Hugs Café

April 16-----Rotary Classification Talks

April 22-----Neil Sperry – Crepe Myrtle Trails Project

April 23-----Club Assembly Planning

Today's Thoughts in Honor of

Winston Churchill Day – April 9

"When I look back on all the worries I remember the story of the old man who said on his deathbed that he had a lot of trouble in his life, most of which never happened."

- Winston Churchill (1874 – 1965)

Golfers Day – April 10

When I die, bury me on the golf course so my husband will visit..

- Author Unknown

I was checking out at the local Wal-Mart with just a few items and the lady behind me put her things on the belt close to mine. I picked up one of those dividers that they keep by the cash register and placed it between our things so they wouldn't get mixed. After the girl had scanned all of my items, she picked up the divider, looking it all over for the bar code so she could scan it.

Not finding the bar code, she said to me, 'Do you know how much this is?'

I said to her 'I've changed my mind; I don't think I'll buy that today.'

She said 'OK,' and I paid her for the things and left.

She had no clue to what had just happened.

(But the lady behind me had a big smirk on her face as I left)



Member Name	Work	Home	Cell	Classification
Ron Baker			541-420-9396	Retired
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Rebecca Drekmann	972-548-5539		214-250-6627	Public Health
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Gene Sera	972-542-0095	972-548-7884	972-670-7400	Defense Attorney
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Scott Stineman	972-332-4663	214-384-4018		Wholesale Insurance
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Jason Woodward	972-338-3022		954-444-2709	eCommerce
Pamela Zeigler-Petty	972-407-3643		214-471-3830	Bank Mgt – Bus. Banking

Honorary Members

Donas Cole

Connie Yeager

Linda Terry

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*