



McKinney Sunrise Rotary Club Sunrise Sentinel

April 18, 2012

Officers and Directors 2011 – 2012

President	Stacey Kemp
President Elect	Gary Taylor
Secretary	Juli Smith
Treasurer	Weldon Copeland
Vice President, Fund Raising	Bryan Northington
Club Service Director	Linda Terry
Vocational Service Director	Nathan White
New Generations Director	Sandi Froese
Community Service Director	Kris Falvo
International Service Director	Bill Bilyeu
Rotary Foundation Chair	Jim Pearson
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Jeff Caserotti

Past Presidents

2010-11	Donas Cole
2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok
1996-97	Pat Beaman
1995-96	Linda Terry
1994-95	Paul Yeager

Rotary District 5810

District Governor	Charles E. (Bud) McBrayer, Plano Sunrise
District Governor Elect	Sandra Forster, Garland
District Governor Nominee	Ean Sullivan, Plano

Rotary International

President	Kalyan Banerjee, Vapi, Gujarat, India
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Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Steve Mitas

Jeff Jeans



HR Fix
President/CEO

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Jeff Jeans – HR Fix – President/CEO

HR Fix, Inc. was created in the spring of 2000 out of a 10-year-old traditional human resource and safety consulting firm Jeans & Associates, Inc. located in Dallas Texas. HR Fix created a web-based compliance and communication tool designed to help employers achieve an affirmative defense and drastically improve communication between the Ownership, Management and Work Force. Our solution supports Web-Based Compliance Training, Online HR Library, Real-Time Regulatory Updates, Employer Consultation, Employee Hotline and Administrative Assistance.

Read Across America Program

Friday, March 2 was Dr. Seuss' 108th birthday. The National Education Association celebrates reading and Dr. Seuss with the Read Across America program. At the David B. McCall Jr. Elementary School in Plano, the entire school participated in the program along with Rotary International District 5810, North Texas Pioneers Rotary Club and Plano Sunrise Rotary Club. McCall students started the day by lining the halls and reading. Guest readers from Plano Sunrise Rotary Club and North Texas Pioneers Rotary Club read to each class in the school. Dr. Seuss books were a favorite to read to the classes. The reading celebration was topped off with a presentation of books for the Nellie McCall library located right in the heart of the school. The books were donated by Rotary District 5810, North Texas Pioneers Rotary Club and Plano Sunrise Rotary Club as part of the Rotary District 5810 matching grant program. Rotary District Governor Bud McBrayer presented the books to McCall principal Stacy Kimbriel and McCall librarian Sharry Pereira. The books donated included Bluebonnets, 2 X 2s, Shel Silverstein and of course Dr. Seuss. According to The National Education Association's website the Read Across America program is an annual reading motivation and awareness program that calls for every child in every community to celebrate reading on March 2, the birthday of beloved children's author Dr. Seuss. Motivating children to read is an important factor in student achievement and creating lifelong successful readers. Research has shown that children who are motivated and spend more time reading do better in school. Rotary International has a strong literacy program that helps to foster a love of reading to children all around the world and in our own communities. Plano Sunrise Rotary Club also supports the McCall library by donating books in honor of the people who come to speak at the club meetings. Plano Sunrise Rotary Club's international literacy project is Books for the World. The club boxes up the leftover materials from the Friends of the Plano Library book sale and ships them to the port of Houston. From there the books are shipped to Africa or India for distribution by Rotary clubs in those countries.



Young Rotarian models leadership in Australia

During her first year at college, Holly Ransom, a member of the Rotary Club of Crawley, Australia, noticed that a lack of role models was demoralizing her female friends.

“Unfortunately, if you’re looking to the media, you’re struggling for female role models other than celebrities going in and out of rehab,” she says.

In 2009, she founded Women Who Lead, a nonprofit that aims to provide positive examples and foster leadership skills.

A year ago, she joined the Crawley club and learned that only 2 percent of Rotarians are under age 30, and 16 percent are women.

“I couldn’t get those statistics out of my head,” the 22-year-old says. She told David Goldstone, one of the club’s charter members, that she wanted to get more involved; soon after, Ransom became president-elect.

She’ll take office in 2012-13, shortly after graduating from the University of Western Australia with a degree in law and economics.

“Our club members are so different in composition and mindset,” she says. “It’s invigorating to be a part of the energy in the room every time we’re together.”



Holly Ransom, 22, is president-elect of the Rotary Club of Crawley, Australia. *Photo by Frances Andrijich*

Experience Bangkok, a city of markets, during the 2012 RI Convention

Bangkok, Thailand, is a city of markets, and for many centuries, goods got to those markets by boat. In the 1800s, most people lived in stilt houses along the waterways and bought items from the sampans that floated by.

In the 1960s, Thailand’s 3,700 miles of rivers and canals still carried more than half of the country’s freight. Today, most canals have been paved over, but if you’re in Bangkok for the 2012 RI Convention, 6-9 May, you can get a glimpse of the old Venice of the East at several floating markets. Check with your hotel for hours, and ask whether a market was affected by last year’s flooding.



Thailand's most famous floating market, **Damnoen Saduak**, is a solid day trip from Bangkok, and worth an overnight stay. The popular market has several sections, some more crowded than others.

Not far from Damnoen Saduak is the **Amphawa Floating Market**, a quieter alternative once frequented mainly by Thai tourists, but growing in popularity among foreigners.

A bit more remote, but also in Samut Songkhram Province southwest of Bangkok, is **Tha Kha Floating Market**, which continues to function as a traditional market. You can also take a boat tour of the canals.

Just west of Bangkok, **Don Wai Market** is a great day trip for lovers of Thai food. The Tha Chin River is packed with floating restaurants and boats that offer rides.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p style="text-align: center;">Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">7:30 AM Prosper Rotary Club Gentle Creek Golf Club@ 3131 E. Prosper Trail</p> <p style="text-align: center;">Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p style="text-align: center;">Noon Plano Metro Rotary Club Glen Eagles CC 5401 W. Park Blvd.</p> <p style="text-align: center;">Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p style="text-align: center;">Noon Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p style="text-align: center;">Noon Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p style="text-align: center;">Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p style="text-align: center;">7:30 AM Melissa Rotary Hale Hall 1708 Harrison St.</p>	<p style="text-align: center;">7 AM Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p style="text-align: center;">Noon Richardson Central Rotary Club Hyatt Regency-North Dallas Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p style="text-align: center;">Online Makeup www.rotaryclubone.org</p>				
<p>Edited 12/06/10</p>				

Heads Up! Programs and Events

- April 18-----Jeff Jeans – HR Fix – President/CEO
Sponsored by Steve Mitas
- April 21-----Spring Training – District Assembly
Hosted by Lyle Froese
- April 23-----Board Meeting – Market Street Culinary School 7AM
- April 25-----Linda Terry
- May 2-----Phyllis Davis
- May 9-----Trevor Castilla
- May 16-----Jim Pearson

Today's Thoughts in Honor of

Newspaper Columnist Day – April 18

America is a country of inventors, and the greatest of inventors are the newspaper men.
- Alexander Graham Bell (1847 – 1922)

Kindergarten Day – April 21

"Think what a better world it would be if we all, the whole world, had cookies and milk about three o'clock every afternoon and then lay down on our blankets for a nap."
- Barbara Jordan (1936 – 1996)

Thoughts:

NUMBER 8 - Good health is merely the slowest possible rate at which one can die.

NUMBER 7 - Give a person a fish and you feed them for a day. Teach a person to use the Internet-they won't bother you for weeks, months, maybe years.

NUMBER 6 - Some people are like a Slinky - not really good for anything, but you still can't help but smile when you shove them down the stairs.

NUMBER 5 - Health nuts are going to feel stupid someday, lying in the hospitals, dying of nothing.

NUMBER 4 - All of us could take a lesson from weather. It pays no attention to criticism.

NUMBER 3 - Why does a slight tax increase cost you \$800.00, and a substantial tax cut saves you \$30.00?

NUMBER 2 - In the 60's, people took acid to make the world weird. Now the world is weird and people take Prozac to make it normal.

AND THE NUMBER 1 THOUGHT

Life is like a jar of Jalapeno peppers--what you do today, might burn your butt tomorrow. As someone recently said to me . . . "Don't worry about old age -- it doesn't last that long".

Member Name	Work	Home	Cell	Classification
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Larry Jones	972-548-4532		214-733-9211	IT Architect
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Bryan Northington		972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Dennis Snavely	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Douglas Wilson	972-431-8795	214-733-5700	214-794-7795	Sr. Business Analyst
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

Honorary Members

Connie Yeager

*Note: Please notify Juli Smith if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*