



McKinney Sunrise Rotary Club Sunrise Sentinel

April 23, 2014

Officers and Directors 2013 – 2014

President	Bill Smith
President Elect	Steve Mitas
Secretary	Dennis Snavelly
Treasurer	Weldon Copeland
Vice President, Fund Raising	Jeff Caserotti
Club Service Director	Phyllis Davis
Vocational Service Director	Gene Sera
New Generations Director	Larry Offerdahl
Community Service Director	Tom Parker
International Service Director	Pam Petty
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Bill Bilyeu

Past Presidents

2012-13	Gary Taylor
2011-12	Stacey Kemp
2010-11	Donas Cole
2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok

Rotary District 5810

District Governor	Ean Sullivan, Plano Rotary
District Governor Elect	Bill Dendy, De Soto Rotary
District Governor Nominee	Larry Webb, Prestonwood

Rotary International

President..... Ron Burton, Norman, OK Rotary, USA

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Sandi Froese



Jeff Hensley
Program Counselor – Hooves for Heroes

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Jeff Hensley – Hooves For Heroes

Jeff spent 21 years as a fighter pilot in the United States Navy. He completed two combat deployments to Iraq before deciding to pursue his master's in mental health counseling from the University of North Texas. During Jeff's final semester in graduate school, he was awarded a 6-month Fellowship with The Mission Continues. The Fellowship was completed at Equest Therapeutic Horsemanship where Jeff supported the Hooves for Heroes program assisting veterans and military families with civilian transition. Upon successfully completing his Fellowship, Jeff became the Program Counselor for Equest. Jeff also serves as a Leadership Fellow for the Iraq and Afghanistan Veterans of America (IAVA) and is in charge of the veteran service organization's Texas operations. Jeff lives in Frisco with his three children, three dogs, and one cat.

This program is devoted to improving the lives of our military service men and women. Our mission is to Empower, Enrich, and Educate through Horses.

Equest offers current service members, honorably-discharged veterans of the U.S. Armed Forces, and adult military family members the Hooves for Heroes program free of charge.

Hooves for Heroes offers three specific components: Hippotherapy, Therapeutic Horsemanship, and Equine Facilitated Psychotherapy.

Equest's equine assisted activities are individually tailored to focus on the issues that affect each client, providing life tools that will extend beyond the arena and into their daily lives. Goals include:

- Opening a better line of communication in your home
- Developing a strong bond and/or resolving trust issues with your family
- Gaining Confidence
- Anger management
- Reducing anxiety
- Teamwork
- Re-integration into community

District Conference

Dallas Morning News columnist Steve Blow will be the speaker at the Rotary District 5810 Conference All-club Luncheon on Friday, May 9 at the Hilton Hotel in Rockwall on the shores of Lake Ray Hubbard. Our club will be "dark" on Wednesday, May 7 and all club members are encouraged to attend the luncheon the following Friday. Go online to [Rotary 5810.org](http://Rotary5810.org) and click on the link for "District Conference" to register and pay with a credit card.

Alumni Award Winners Turn Heads With Unique Accomplishments

Maya Ajmera founded the Global Fund for Children in 1993 to provide seed money to community-based organizations that help at-risk children across the world. Since then, GFC has awarded more than \$32 million in grants to over 600 organizations in 80 countries, improving the lives of millions of children – from educating AIDS orphans in Uganda to conducting so-called curbside classrooms for waste pickers in Cambodia.



"Education is the key to getting human beings out of poverty," says Ajmera, whose studies at St. Xavier's College in Mumbai were sponsored by the Rotary Club of China Lake in California. "Community-based organizations are probably the most creative in being able to find the most marginalized children and provide education that is meaningful and makes sense in their lives."

In recognition of her work, Ajmera was chosen by The Rotary Foundation Trustees to receive the 2013-14 Rotary Foundation Global Alumni Service to Humanity Award. She will receive the honor at the Rotary International Convention in Sydney on 3 June.

Ajmera credits extraordinary leadership at the grassroots level, combined with the ability and willingness to work as partners, for GFC's success. "Trust is really important," she says. "You also need good ways of measuring outcomes: how many kids got educated, how many were kept off the streets, how many got psychosocial counseling."

Nowhere was the need for leadership and trust more evident than in Afghanistan in the 1990s. GFC awarded \$5,000 to the Afghan Institute for Learning to fund the secret education of 600 girls. Even after the September 11 attacks, GFC continued its support, including a \$25,000 sustainability grant to establish a reserve fund. Today, the institute reaches more than 400,000 women and children annually with education and health care. GFC has also released over 30 children's books, including "Children from Australia to Zimbabwe," co-authored by Ajmera, of which a portion of the proceeds from sales support the organization's grant making. And it's invested in documentary films like "War Child," which tells the story of hip hop artist Emmanuel Jal, a former child soldier in Sudan's brutal civil war. Jal spoke at the Rotary World Peace Symposium in Bangkok in 2012.

Ajmera stepped down as GFC's president in 2011. She is now a visiting scholar and professional lecturer at the Paul H. Nitze School of Advanced International Studies at Johns Hopkins University in Washington, D.C., and social entrepreneur in residence and visiting professor of the practice of public policy at Duke University in Durham, North Carolina.

"For me, Rotary was an incredible inspiration," says Ajmera, adding that without the scholarship there wouldn't be a Global Fund for Children. "The scholarship fed my soul."

ALUMNI ASSOCIATION HELPING TO END POLIO

The alumni association of District 3020 in India can take pride in knowing they helped make history. On 27 March, the World Health Organization certified that Southeast Asia, which includes India, had eradicated polio.

"[The association's] members actively participated in National Immunization Days and contributed liberally to The Rotary Foundation and polio eradication," says S.R. Yogananda, a regional Rotary Foundation coordinator.

In recognition of their humanitarian work, the association has been selected to receive the 2013-14 Rotary Foundation Alumni Association of the Year Award. The award will be presented to K. Soma Sundera Sai, founder and longtime president of the association, and other association members at the Rotary Alumni Celebration in Sydney on 31 May.

Many of the members are Rotarians who have been involved in grant-funded service projects, from establishing an orphanage in India to creating a sustainable health care program for schoolchildren in Thailand.

Sai says association members are all about staying connected – to each other, their communities, and Rotary.

"Once I realized the value and potential of the alumni to Rotary and its Foundation, it became a part of my life," says Sai.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45</p> <p>Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon</p> <p>Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM</p> <p>Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p style="text-align: center;">Noon</p> <p>Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon</p> <p>Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">7:30 AM</p> <p>Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p style="text-align: center;">Noon</p> <p>Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p style="text-align: center;">Noon</p> <p>Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p style="text-align: center;">Noon</p> <p>Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon</p> <p>Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p style="text-align: center;">Noon</p> <p>Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p style="text-align: center;">7:00 PM</p> <p>Dallas Evening 415 W. 12th St. La Calle Dolce</p> <p style="text-align: center;">Noon</p> <p>Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p style="text-align: center;">7:30 AM</p> <p>Melissa Rotary Hale Hall 1708 Harrison St.</p>	<p style="text-align: center;">7 AM</p> <p>Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon</p> <p>McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p style="text-align: center;">Noon</p> <p>Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon</p> <p>Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p style="text-align: center;">Noon</p> <p>Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p style="text-align: center;">Online Makeup www.rotaryclubone.org</p> </div>				
<p>Edited 12/06/12</p>				

Heads Up! Programs and Events

April 23-----Jeff Hensley – Program Counselor – Hooves for Heroes
Sponsored by Sandi Froese
April 30-----Paul Patscheider – Rotary Youth Exchange Student
Sponsored by Bill Bilyeu and Ed Miles
May 7-----Dark –
May 9-----All Club Luncheon - District Conference
May 14-----TBD

Today's Thoughts in Honor of

Take a Chance Day – April 23

The policy of being too cautious is the greatest risk of all.

- Jawaharlal Nehru (1889 – 1964)

Great Poetry Reading Day – April 28

One ought, every day at least, to hear a little song, read a good poem, see a fine picture, and if it were possible, to speak a few reasonable words.

Johann Wolfgang von Goethe (1749 – 1832)



Member Name	Work	Home	Cell	Classification
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Rebecca Drekmann	972-548-5539		214-250-6627	Public Health
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Gene Sera	972-542-0095	972-548-7884	972-670-7400	Defense Attorney
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavely	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Pamela Zeigler-Petty	972-407-3643	972-540-5383	214-471-3830	Bank Mgt – Bus. Banking

Honorary Members

Connie Yeager

*Note: Please notify Dennis Snavely if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*