



Sunrise Sentinel

May 19, 2010

Officers and Directors 2009 – 2010

President	Nathan White
President Elect	Donas Cole
Secretary	Juli Smith
Secretary Emeritus	Mary Lou Lee
Treasurer	Weldon Copeland
Vice President, Fund Raising	Chuck Koehler & Jeff Caserotti
Club Service Director	Eric Holt
Vocational Service Director	Gary Taylor
Community Service Director	Jim Gilmore
International Service Director	Bill Smith
Rotary Foundation Chair	Jim Pearson
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Lyle Froese

Past Presidents

2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok
1996-97	Pat Beaman
1995-96	Linda Terry
1994-95	Paul Yeager
1993-94	Bob Flinchbaugh

Rotary District 5810

District Governor	Dave McSpadden, Waxahachie
District Governor Elect	Linda Elliot, Grand Prairie
District Governor Nominee	Bud McBrayer, Plano Sunrise

Rotary International

PresidentJohn Kenny, Grangemouth, Scotland

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

McKinney Sunrise Flag Program
Sponsored by Eric Holt

Eric Holt & Bryan Northington



Vice Presidents Fundraising

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



McKinney Sunrise Rotary Flag Lease Program

The Flag Lease Program is the primary fund raiser of the Rotary Club of McKinney Sunrise. We deliver and install United States flags to subscribers on designated "flag" holidays throughout the year and take them down after the holiday.

Supported Charities

The proceeds of the Flag Lease Program are used to support many local and global charities and programs.

Locally Supported Programs from 2007 - 2010

Locally, the proceeds of the Flag Lease Program have been used to support:

- Angel Flight South Central
- Avenues Counseling Center
- Boy Scouts
- Boys and Girls Clubs of Collin County
- Make A Wish Foundation of North Texas
- McKinney Education Foundation Permanent Endowment for Teacher Grants
- McKinney Family YMCA
- McKinney Housing Authority
- Meals on Wheels
- North Collin County Habitat for Humanity
- The Samaritan Inn
- Rotary Youth Exchange Programs
- Rotary Youth Leadership Award (RYLA) and Camp Enterprise
- Santa's Rotary Helpers (with Communities in Schools)
- The Spencer Taylor Memorial Scholarship
- Shoes and warm clothing for Students at Webb Elementary

Winner in the Queen of Hearts Game



Congratulations to Phyllis Davis who won our Queen of Hearts game and a whopping \$520 two weeks ago. After the club amazingly dwindling the deck down to just two cards the queen of hearts was finally pulled by Phyllis who was immediately awarded the money hat by Lyle Froese. Congratulations and go out and buy yourself something nice Phyllis.

The new game started last week and the rules have changed a bit. The queen of hearts will again be worth \$520 but any queen pulled will now be worth \$100 for a total prize payout of \$820. The odds are in favor of someone getting the queen much earlier this time so buy your tickets early and often and you may have the good fortune of winning the big money this time around.

A Matter of Conviction

Rotary Foundation Ambassadorial Scholars always impress, but Roxana Saberi, who left the United States for Tehran in 2003 as a foreign correspondent, has become an international celebrity and a face for human rights in Iran.

The former political prisoner, released from Tehran's notorious Evin Prison in May 2009, sat down for a Q&A luncheon at the Union League Club in Chicago on 13 April. Her national tour served to promote her book, *Between Two Worlds: My Life and Captivity in Iran*, published 30 March. Saberi recalled the many lessons she learned from fellow female political prisoners, the events that led to her freedom, and her life before Evin.

After the Iranian government revoked her press pass in 2006, Saberi stayed in the country and began writing a book for American readers that profiled the diversity of its people.



Roxana Saberi *Photo by Tony Giglio*

Eleven days after U.S. President Barack Obama's inauguration, she was kidnapped, questioned, and detained in Evin Prison for 100 days, accused of using her book as a cover to conduct hundreds of interviews with Iranians and spy for the Central Intelligence Agency.

Using nonviolent "white torture" (extreme sensory deprivation) techniques, Saberi's interrogators forced her into making a false confession by guaranteeing her freedom if she admitted to espionage. Without knowing she would be released in a matter of days, Saberi recanted, setting in motion a sham trial that resulted in an eight-year sentence, her own hunger strike, and a successful appeal.

"Unfortunately, a lot of Iranians are falsely accused of crimes, including espionage," she said. "It made me wonder, do they knowingly falsely accuse people to tighten their grip on society and to silence people?"

Road to Iran

In Evin, Saberi met many of these silenced political prisoners and members of marginalized groups like the Baha'is. Their stories strengthened her will to recant.

"Sometimes through suffering we can have an opportunity to become stronger," she said. "And even when you're imprisoned, you still have power to control your attitude."

Saberi's road to Iran included a stop at the Miss America competition, where she finished in the top 10. Her talent was playing the piano, a gift she would later put to use as a diversion while in solitary confinement at Evin by tapping her fingers against the wall. She used her scholarship money to attend Northwestern University's Medill Graduate School of Journalism,

and furthered her education with the help of a 1999-2000 Ambassadorial Scholarship, obtaining a second master's degree in international relations at the University of Cambridge in England. She has written for ABC Radio, Feature Story News, the BBC, NPR, PRI, and Fox News.

"I felt like I had the journalism background, but I didn't have the foreign relations background," she said. "My aim was to become a foreign correspondent."

For now, Saberi's future plans are unsure. Since her return from Iran, she has completed her book and has been relaxing with her parents in Fargo, North Dakota, as well as participating in a number of human rights gatherings after the Iranian election. She cowrote a film, *No One Knows About Persian Cats*, with her longtime boyfriend and award-winning Iranian-Kurdish director, Bahman Ghobadi. While Saberi hopes to eventually return to Iran, she says she has been too outspoken to ensure a safe visit.

"Often I get worried about the Iranian people," Saberi says, "but I know they're very courageous, and I admire them. In the long run, they can prevail."

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM Frisco Sunrise Rotary Club Embassy Suites, Gaylord & Parkwood</p> <p style="text-align: center;">Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">Noon Allen Rotary Club Chase Oaks Golf Club @ 7201 Chase Oaks Blvd</p> <p style="text-align: center;">Noon Plano Metro Rotary Club Glen Eagles Country Club 5401 W. Park Blvd.</p> <p style="text-align: center;">Noon Prestonwood Rotary Club Prestonwood Country Club 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon Richardson East Rotary Club Canyon Creek Country Club 625 Lookout Drive.</p>	<p style="text-align: center;">Noon Frisco Rotary Club Dallas Baptist Univ. at Frisco 3211 Internet Blvd.</p> <p style="text-align: center;">Noon Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p style="text-align: center;">Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p>	<p style="text-align: center;">7 AM Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p style="text-align: center;">Noon Richardson Central Rotary Club Richardson Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p style="text-align: center;">Online Makeup www.rotaryclubone.org</p>				
<p>Edited 04/01/08</p>				

Heads Up! Programs and Events

May 19-----Pamela Zeigler-Petty
May 24-----Combined Board Meeting with incoming Board Members
May 26-----Tim Kocsis
June 2-----Chuck Koehler
June 9-----Weldon Copeland
June 16-----Jeff Caserotti
June 23-----Tom Parker
June 30-----Phyllis Davis
July 7-----Officer Installation Banquet – 7:00 PM – Outback Steakhouse Plano

Today's Thoughts in Honor of

Be a Millionaire Day – May 20

"Prosperity is a way of living and thinking, and not just money or things. Poverty is a way of living and thinking, and not just a lack of money or things."

National Waiters and Waitresses Day – May 21

"A person who is nice to you, but rude to the **waiter**, is not a nice person"

- **Dave Barry (1947 –)**

Haircut

Ray made his second trip to Fred's Barber Shop. Fred the Barber said, "How may I help you today?"

Ray replied, "I want you to cut one inch off of the left side, nothing off of the right side, shave just the middle part of the top of my head, and a slanted cut from left to right on in the back."

Fred the Barber laughed and said, "Yeah, right...I'll do THAT one for free!"

Ray said, "Well...that's what you did last time and you charged me for it!"

Member Name	Work	Home	Cell	Classification
Scott Becker	972-548-3613	972-984-1817	817-269-0889	Asst. District Attorney
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	903-348-3300	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Ronald Danforth	972-562-4112	972-562-9790	469-233-3871	Atty – Crim. Law
Phyllis Davis			972-658-5800	Real Estate Broker
Kris Falvo	972-529-2559	214-548-4928	214733-9558	YMCA Exec Director
Lyle Froese	972-523-8350	972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Jim Gilmore	972-562-6950	214-544-1361	972-529-8503	Residential Ins
Eric Holt	972-542-4359	972-800-7552	972-800-7552	Financial Advisor
Larry Jones	972-548-4532		214-733-9211	IT Architect
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler		972-529-1110	214-796-0504	Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-838-1807	972-670-1197	Comp. Software
Bryan Northington	972-569-0170	972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-824-8661	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Robert Ridgeway	972-439-1027			General Law Practice
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Bill Smith	972-838-1313	972-569-8811	985-774-4048	Financial
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Connie Yeager	972-529-1351	972-529-1351	214-693-2510	Health Ins. – Ret.
Paul Yeager	972-529-1351	972-529-1351	214-695-0074	City Council – Ret.
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking
Honorary Member				
Mary Lou Lee	972-529-1778	972-529-1778	214-733-2084	Printing – Ret. - Honorary

*Note: Please notify Juli Smith if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*