



McKinney Sunrise Rotary Club Sunrise Sentinel

June 19, 2013

Officers and Directors 2012 – 2013

| | |
|--------------------------------------|-----------------------------|
| President | Gary Taylor |
| President Elect | Bill Smith |
| Secretary | Dennis Snaveley |
| Treasurer | Weldon Copeland |
| Vice President, Fund Raising | Jeff Caserotti – Bill Smith |
| Club Service Director | Phyllis Davis |
| Vocational Service Director | Nathan White |
| New Generations Director | Sandi Froese |
| Community Service Director | Tom Parker |
| International Service Director | Donas Cole |
| Rotary Foundation Chair | Fred Bahrenburg |
| Sunrise Sentinel Editorian/Webmaster | Gary Taylor |
| Sergeant-at-Arms | Bill Bilyeu |

Past Presidents

| | |
|---------|----------------------|
| 2011-12 | Stacey Kemp |
| 2010-11 | Donas Cole |
| 2009-10 | Nathan White |
| 2008-09 | Pamela Zeigler-Petty |
| 2007-08 | Bill Bilyeu |
| 2006-07 | Tom Parker |
| 2005-06 | K. Lyle Froese |
| 2004-05 | Timothy Kocsis |
| 2003-04 | Scott Dillashaw |
| 2002-03 | Linda Paluga |
| 2001-02 | Steven Mitas |
| 2000-01 | Jeff Caserotti |
| 1999-00 | Larry Offerdahl |
| 1998-99 | Chuck Koehler |
| 1997-98 | Frank Shushok |
| 1996-97 | Pat Beaman |
| 1995-96 | Linda Terry |

Rotary District 5810

| | |
|---------------------------|-------------------------------|
| District Governor | Sandy Forster, Garland Rotary |
| District Governor Elect | Ean Sullivan, Plano Rotary |
| District Governor Nominee | Bill Dendy, De Soto Rotary |

Rotary International

President Sakuji Tanaka, Yashio, Saitama, Japan

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Classification Talks



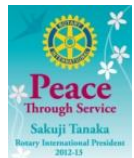
Ruben Delgado, Gene Sera, &
Scott Parker

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Rotary District 5810 and Veterans Coalition for North Central Texas Veterans Career Development Program

Our Veterans futures are important. They served us and gave of themselves to protect our freedom, now it is our chance to ensure their future. You can make a lasting impact in the life of a veteran through a new mentoring program.

Mission Statement: To provide Military Veterans with services and resources through participating Rotary and Coalition members so our heroes can make a transition towards success.

Committee members: We are seeking founding members for this special committee that have a desire to implement, develop and structure the program from the ground up. You will assist in building a program that will allow success and sustainability. Submit to be a committee member here (please link this sentence with www.dallasrotary.org/vcdpcommittee)

Mentors: Are you looking to make a substantial difference in the life of a Veteran? We are seeking mentors who are successful business owners and/or entrepreneurs with the time and dedication to work with an assigned veteran as they develop their career path. Submit to be a mentor here (please link this sentence with www.dallasrotary.org/vcdpmentors)

Veterans: The Veterans Career Development Program would like to welcome Veterans (classified by official DD-214) whom have served in any branch of service and spouses (as defined by the Military) of Veterans wounded or killed in action, to apply for our Mentoring Program. Preference will be given to those with service-connected disabilities. The Veterans Career Development Program is a competitive program with a limited number of program openings: therefore, it is important to complete and submit your application and articulate how a Veterans Career Development Program mentorship will benefit you. Your application will be used to evaluate your strength as a candidate, as well as assist Veterans Career Development Program in finding the best possible Mentor for you. Submit your application here (please link this sentence with www.dallasrotary.org/vcdpapplication)

Project Enhancement Process

The three-year Future Vision pilot program launched by The Rotary Foundation in 2010 in 100 Rotary Districts is nearing an end. Globally, Rotary District Governors are learning how to prepare for full implementation of the Future Vision program in 2013. The program roll-out will begin in July 2013 with the new grant structure including TRF Global Grants.

TRF's ultimate goal is to improve the quality of all the projects it endorses in Rotary's six Areas of Focus¹. It seeks to:

- sharpen the Rotary focus
- enhance the technical quality of projects
- support sound project design
- make effective grants and ultimately measure the impact on the communities served.

Guatemala Rotarians use global grants to help school children receive a better education

At Próximos Pasos school for girls in Santa María de Jesus, Guatemala, the students look happy, healthy, and energetic.

Unlike their counterparts at some schools in the country, the girls have access to clean water and proper nutrition, and the results are apparent. The girls are able to focus on their studies, and they express an enthusiasm for their education.

“We saw many changes in the kids, in the teachers, and in the community,” says Jorge Aufranc, past governor of District 4250 and a member of the Rotary Club of Guatemala Sur. “They appreciate the work that Rotary has done.”

A Rotary Foundation global grant implemented by the Guatemala Sur club provided the school with computers and a machine called a mechanical cow, which produces soy milk. The device is made of stainless steel and does not look much like a cow.

Soybeans are put into a funnel at the top, and about 45 minutes later, they have been turned into soy milk and a pulp called okara, which is used in the school’s cooking classes. On one recent day, the girls were using the okara to make cookies.

Aufranc’s district has used the Rotary Foundation’s new grants to help many schools in the area. It took part in the three-year pilot of the new grant system, during which 43 global grants have been undertaken in the district, including five by the Guatemala Sur club. The pilot ends 1 July, and the new grants then become available to all districts.

The Guatemala Sur club began with projects that address needs they deemed critical. For example, one global grant is providing nine rural schools in Sumpango with washing stations, latrines, kitchen equipment, and furniture.

“Everything begins with water,” Aufranc says. “If there is no water, we cannot have peace. Where there is a lack of water, there is conflict.”

Partnerships are essential

For the grant used at Próximos Pasos, the Guatemala Sur club partnered with clubs from districts 6420 and 6440 (Illinois, USA), as well as Mission Impact and the World Soy Foundation. Aufranc says working with these other organizations is part of what made the grant successful.

“You have to involve as many Rotarians as you can, locally and internationally,” Aufranc says. “With Future Vision, there has been resistance because people think, ‘oh we have to think bigger and bigger.’ But that’s how you make an impact in a community. You have to think big.”



Proximos Pasos principal Mirna Perez discusses the global grant project that benefited her school with Rotarian Jorge Aufranc.

His district's extensive experience with global grants has made Aufranc an advocate of the new grants.

He believes community involvement is essential to any Rotary project. Several of Guatemala Sur's global grants were made possible by the volunteer labor of community members and input from local leaders.

"To have a good project, a sustainable project, you have to involve the community. If the community participates from the beginning, they feel they have ownership of the project, and this helps guarantee sustainability," he explains. "We have to think of it as their project, not ours. It is a project of the community, not a Rotary project."

Mirna Pérez, the principal of Próximos Pasos, also believes involving her community made the project possible. She says keys to success included the sharing of responsibility by Rotarians and community members, good communication, and flexibility.

"We are thankful to Rotary for helping us and bringing change to the lives of our students and the community," Pérez says. "Our communities need more opportunities, and Rotary gives us those opportunities. We utilize everything and we work our hardest to put everything to good use."

Area Meeting Makeup Locations

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---|---|---|--|---|
| <p style="text-align: center;">11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> | <p style="text-align: center;">7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p style="text-align: center;">Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p> | <p style="text-align: center;">7:30 AM Prosper Rotary Club Gentle Creek Golf Club@ 3131 E. Prosper Trail</p> <p style="text-align: center;">Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p style="text-align: center;">Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p style="text-align: center;">Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p> | <p style="text-align: center;">Noon Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p style="text-align: center;">7:00 PM Dallas Evening 415 W. 12th St. La Calle Dolce</p> <p style="text-align: center;">Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p style="text-align: center;">7:30 AM Melissa Rotary Hale Hall 1708 Harrison St.</p> | <p style="text-align: center;">7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p style="text-align: center;">Noon Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p style="text-align: center;">Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p> |
| <p style="font-size: 1.2em; font-weight: bold;">Online Makeup</p> <p style="color: blue; text-decoration: underline;">www.rotaryclubone.org</p> | | | | |
| <p>Edited 12/06/12</p> | | | | |

Heads Up! Programs and Events

June 19-----Classification Talks
 Ruben Delgado, Gene Sera, & Scott Parker
June 26-----Ruben Delgado
July 3-----Dark
July 10-----Gene Sera
July 17-----Steve Mitas

Today's Thoughts in Honor of

World Sauntering Day – June 19

“One day at a time--this is enough. Do not look back and grieve over the past for it is gone; and do not be troubled about the future, for it has not yet come. Live in the present, and make it so beautiful it will be worth remembering.”

- Francis Jane Crosby (1820 – 1915)

Take Your Dog to Work Day– June 23

My dog is worried about the economy because Alpo is up to 99 cents a can. That's almost \$7.00 in dog money.

- Joe Weinstein

A WALK IN THE GRASS

The room was full of pregnant women with their husbands.

The instructor said, "Ladies, remember that exercise is good for you. Walking is especially beneficial. It strengthens the pelvic muscles and will make delivery that much easier.

Just pace yourself, make plenty of stops and try to stay on a soft surface like grass or a path."

"Gentlemen, remember -- you're in this together. It wouldn't hurt you to go walking with her. In fact, that shared experience would be good for you both."

The room suddenly became very quiet as the men absorbed this information.

After a few moments a man, name unknown, at the back of the room, slowly raised his hand.

"Yes?" said the Instructor.

"I was just wondering if it would be all right if she carries a golf bag while we walk?"



| Member Name | Work | Home | Cell | Classification |
|----------------------|--------------|--------------|--------------|-----------------------------|
| Fred Bahrenburg | | 972-540-1311 | 972-523-4827 | TV Cable Installation, ret. |
| Bill Bilyeu | 972-548-4698 | 214-686-1329 | 214-686-1329 | Collin Co. Admin |
| Jeff Caserotti | 972-548-1199 | 972-562-7249 | 214-850-4841 | Auto Insurance |
| Trevor Castilla | 972-569-9193 | 972-529-6534 | 469-371-5409 | Civil Engineer |
| Donas Cole | 972-548-5482 | 972-548-6908 | 214-592-5279 | Hospital Admin |
| Weldon Copeland | 972-548-3811 | 972-562-0838 | | Judge – Probate |
| Phyllis Davis | | | 972-658-5800 | Real Estate Broker |
| Ruben Delgado | 972-548-3728 | 972-548-0326 | 214-686-6998 | County Engineer |
| Lyle Froese | | 972-569-8843 | 972-523-8350 | Ed Admin |
| Sandi Froese | 903-815-4779 | 972-569-8843 | 903-815-4779 | Ed Admin |
| Stacey Kemp | 972-548-4136 | 972-837-2534 | 214-356-4808 | County Govt. Admin. |
| Tim Kocsis | 972-547-6404 | 972-838-1808 | 972-670-3850 | Comp. Programmer |
| Chuck Koehler | 214-449-6868 | 972-529-1110 | 214-449-6868 | Financial Mgmt |
| Brian Loughmiller | 972-529-5554 | 972-529-9030 | 214-924-6900 | Atty – Family Law |
| Ed Miles | | 972-540-1541 | 214-673-5284 | Psychologist |
| Steve Mitas | 972-547-6404 | 972-837-4474 | 972-670-1197 | Comp. Software |
| Scott Parker | 214-385-4142 | 972-727-9852 | 214-287-0737 | Financial Consultant |
| Tom Parker | 972-540-2180 | 972-540-2180 | 972-832-5590 | Ed. Admin – Pers. |
| Larry Offerdahl | | 972-562-5722 | 806-672-0680 | Retired Parks and Rec |
| Gene Sera | 972-542-0095 | 972-548-7884 | 972-670-7400 | Defense Attorney |
| Bill Smith | 972-731-4014 | 972-569-8811 | 985-774-4048 | Financial |
| Juli Smith | 972-562-6996 | 972-562-1866 | 972-658-9977 | Non-Profit |
| Dennis Snavelly | 972-771-2155 | 972-562-3796 | 972746-6920 | Business Communications |
| Gary Taylor | 972-548-5140 | 972-984-1052 | 972-984-0661 | Groc. Store Mgmt |
| Linda Terry | 972-542-5561 | 972-548-0091 | 469-450-4100 | Fire & Casualty Ins |
| Nathan White | 972-979-9204 | 972-562-6445 | 972-979-9204 | Judiciary |
| Douglas Wilson | 972-431-8795 | 214-733-5700 | 214-794-7795 | Sr. Business Analyst |
| Pamela Zeigler-Petty | 972-398-4027 | 972-540-5383 | | Bank Mgt – Bus. Banking |

Honorary Members

Connie Yeager

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*