

Member Name	Work	Home	Cell	Classification
Scott Becker	972-548-3613	972-984-1817	817-269-0889	Asst. District Attorney
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	903-348-3300	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Ronald Danforth	972-562-4112	972-562-9790	469-233-3871	Atty – Crim. Law
Phyllis Davis			972-658-5800	Real Estate Broker
Kris Falvo	972-529-2559	214-548-4928	214733-9558	YMCA Exec Director
Tom Flood	214-232-9508	214-232-9508	214-232-9508	Real Estate Broker
Lyle Froese	972-523-8350	972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Jim Gilmore	972-562-6950	214-544-1361	972-529-8503	Residential Ins
Eric Holt	972-542-4359	972-800-7552	972-800-7552	Financial Advisor
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	Cnty Govt. Admin
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler		972-529-1110	214-796-0504	Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-838-1807	972-670-1197	Comp. Software
Zan Moltz	972-516-4359	214-726-0599		Atty – Const Law
Bryan Northington	972-569-0170	972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-824-8661	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Bill Smith	972-838-1313	972-569-8811	985-774-4048	Financial
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Connie Yeager	972-529-1351	972-529-1351	214-693-2510	Health Ins. – Ret.
Paul Yeager	972-529-1351	972-529-1351	214-695-0074	City Council – Ret.
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking
<b>Honorary Member</b>				
Mary Lou Lee	972-529-1778	972-529-1778	214-733-2084	Printing – Ret. - Honorary

*Note: Please notify Jim Pearson if there is a change in your phone number or e-mail address. Thank you  
Having you number here makes it a public record, please notify Gary if you prefer not to have it listed here.*



# Sunrise Sentinel

July 22, 2009

## Officers and Directors 2009 – 2010

President	Nathan White
President Elect	Donas Cole
Secretary	Juli Smith
Secretary Emeritus	Mary Lou Lee
Treasurer	Weldon Copeland
Vice President, Fund Raising	Chuck Koehler & Jeff Caserotti
Club Service Director	Eric Holt
Vocational Service Director	Gary Taylor
Community Service Director	Jim Gilmore
International Service Director	Bill Smith
Rotary Foundation Chair	Jim Pearson
Sunrise Sentinel Editor	Gary Taylor
Sergeant-at-Arms	Lyle Froese

## Past Presidents

2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl
1998-99.....	Chuck Koehler
1997-98.....	Frank Shushok
1996-97.....	Pat Beaman
1995-96.....	Linda Terry
1994-95.....	Paul Yeager
1993-94.....	Bob Flinchbaugh

## Rotary District 5810

District Governor.....	Dave McSpadden, Waxahachie
District Governor Elect.....	Linda Elliot, Grand Prairie
District Governor Nominee.....	Bud McBrayer, Plano Sunrise

## Rotary International

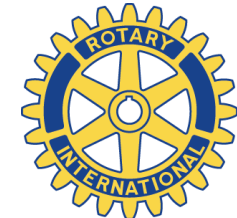
President.....	John Kenny, Grangemouth, Scotland
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## Club Meeting Time and Location

07:30 Wednesday Morning  
Eldorado Country Club  
McKinney, TX

## Today's Program

Sponsored by Jim Gilmore



## The Four Way Test

of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



**Rotary Club of McKinney Sunrise, District 5810**  
**Club Number 28762, Chartered May 22, 1992**  
**P.O. Box 2244, McKinney, Texas, 75070**  
[www.mckinneysunriserotary.org](http://www.mckinneysunriserotary.org)



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## A little info about our New Distric Governor

Dave McSpadden was born and raised in San Angelo, Texas. Dave's career in being of service started with the role model of his parents in the community and in church. With their encouragement, Dave earned Scouting awards of Eagle Scout, God and Country Award and Explorer Silver Award.

Upon graduation from high school, Dave did a tour in the U.S. Army in a construction engineering battalion. After the Army he attended San Angelo College (now Angelo State University) studying business.

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### Joke of the Day

A lesson on how consultants can make a difference in an organization.

Last week, we took some friends to a new restaurant, 'Joe's Place,' and noticed that the waiter who took our order carried a spoon in his shirt pocket.

It seemed a little strange. When the busboy brought our water and utensils, I observed that he also had a spoon in his shirt pocket.

Then I looked around and saw that all the staff had spoons in their pockets. When the waiter came back to serve our soup I inquired, 'Why the spoon?'

'Well,' he explained, 'the restaurant's owner hired Andersen Consulting to revamp all of our processes. After several months of analysis, they concluded that the spoon was the most frequently dropped utensil. It represents a drop frequency of approximately 3 spoons per table per hour.

If our personnel are better prepared, we can reduce the number of trips back to the kitchen and save 15 man-hours per shift.'

As luck would have it, I dropped my spoon and he replaced it with his spare. 'I'll get another spoon next time I go to the kitchen instead of making an extra trip to get it right now .' I was impressed.

I also noticed that there was a string hanging out of the waiter's fly.

Looking around, I saw that all of the waiters had the same string hanging from their flies. So, before he walked off, I asked the waiter, 'Excuse me, but can you tell me why you have that string right there?'

'Oh, certainly!' Then he lowered his voice. 'Not everyone is so observant. That consulting firm I mentioned also learned that we can save time in the restroom.

By tying this string to the tip of our you-know-what, we can pull it out without touching it and eliminate the need to wash our hands, shortening the time spent in the restroom by 76.39%.

I asked quietly, 'After you get it out, how do you put it back?'

'Well,' he whispered, 'I don't know about the others, but I use the spoon.'

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## Heads Up! Programs and Events

July 22-----Jim Gilmore

July 27-----Board Meeting at Market Street Culinary School 7AM

July 29-----Brian Loughmiller

August 5----- Rick Chaffin – City of McKinney Assistant City Manager  
Sponsored by Trevor Castilla

August 12-----Jim Pearson

August 19-----Eric Holt

August 26-----Pamela Zeigler-Petty

September 2-----Nathan White

September 9-----Tim Kocsis

September 16-----Chuck Koehler

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## Today's Thoughts in Honor of ....

### Amelia Earhart Day – July 22

I fly because it releases my mind from the tyranny of petty things.

- **Antoine de Saint Exupery (1900 – 1944)**

### Parents Day – July 26

What children take from us, they give...We become people who feel more deeply, question more deeply, hurt more deeply, and love more deeply.

- **Sonia Taitz**

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## A Brief History of District 5810

The organization of districts first occurred during the 1915-1916 Rotary year with Texas and Louisiana being designated as District 12. In 1917-1918, Louisiana was excluded and Texas remained as District 12.

Another reorganization in 1922-1923 designated Texas as District 18 with the exception of that portion of the state just west of a line drawn from the eastern boundary of New Mexico. The Rotary year 1925-1926 saw a further division of the remainder of Texas when it was divided in half by an east-west line drawn just south of Waco.

Subsequent reorganizations in 1937-1938, 1949-1950, 1965-1966, and 1970-1971 when Dr. James Cade of Texarkana was the District Governor, saw the designation of what became District 581 as we know it today. With the renumbering of all Districts worldwide, by RI in 1991, District 581 became District 5810.

Comprised geographically of eight counties: Collin, Dallas, Ellis, Fannin, Grayson, Hunt, Kaufman, and Rockwall, in an area roughly seventy miles wide and one hundred forty miles long, District 5810 is the smallest of the nine present districts in Texas geographically, but it is tied with several of districts for the number of clubs. District 5810 is included in Rotary International Zone 26, which includes parts of Oklahoma and Louisiana.

## Area Meeting Makeup Locations

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:45</b> Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p><b>Noon</b> Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p><b>7:30 AM</b> Frisco Sunrise Rotary Club Embassy Suites, Gaylord &amp; Parkwood</p> <p><b>Noon</b> Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p><b>Noon</b> Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p><b>Noon</b> Allen Rotary Club Chase Oaks Golf Club @ 7201 Chase Oaks Blvd</p> <p><b>Noon</b> Plano Metro Rotary Club Glen Eagles Country Club 5401 W. Park Blvd.</p> <p><b>Noon</b> Prestonwood Rotary Club Prestonwood Country Club 15909 Preston Rd., Dallas</p> <p><b>Noon</b> Richardson East Rotary Club Canyon Creek Country Club 625 Lookout Drive.</p>	<p><b>Noon</b> Frisco Rotary Club Dallas Baptist Univ. at Frisco 3211 Internet Blvd.</p> <p><b>Noon</b> Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p><b>Noon</b> Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p>	<p><b>7 AM</b> Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p><b>Noon</b> McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p><b>Noon</b> Richardson Central Rotary Club Richardson Hotel 701 E. Campbell</p> <p><b>Noon</b> Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p><b>Online Makeup</b> <a href="http://www.rotaryclubone.org">www.rotaryclubone.org</a></p>				
<p>Edited 04/01/08</p>				

## International RYLA motivates young leaders to change the world

Ashma Koirala, a former Rotary Foundation Ambassadorial Scholar from Japan, balanced precariously on a wooden plank as her teammates assisted, adding their weight to one end of the makeshift boardwalk.

The team-building exercise, called the Coton Crossing, challenged participants of the 2009 International RYLA to work together to cross from one side of a "swamp" to the other, using only boards and ropes to bridge the gaps between stepping stones. It was one of several outdoor activities during the four-day Rotary Youth Leadership Awards event, designed to enhance young people's leadership, communications, and problem-solving skills.

"The International RYLA was more advanced and informative than I expected," said Koirala, sponsored by District 2750, which covers part of Tokyo and several islands in the North Pacific. "Each and every single event and moment I spent there was meaningful and memorable to me."

About 100 Rotary youth and educational programs alumni, recommended by their district governors, attended the event, held 18-21 June at the Coton House in Rugby, about 25 miles from the site of the RI Convention in Birmingham. They listened to speakers, took part in group activities and discussions, and kept journals of their experiences.



During an exercise focused on water scarcity, participants collected containers of contaminated water scattered across the campus and purified them with five [Aquaboxes](#) for use throughout the day. Small groups then discussed the impact of water scarcity on global security as well as related ethical questions.

"The exercise particularly resonated with participants from the United Kingdom, where they have experienced flooding in recent years," said Kate Hoepfel, senior coordinator of Rotary International's Youth Activities Section.

Another highlight of the event was the Cultural Marketplace, where participants showcased information, pictures, and materials from service projects in their home districts. "That has been a particularly popular part of the program for the past several years," Hoepfel said.

During another session, participants placed bands on each others' wrists, symbolizing their commitment to work together to achieve their goals. Angelo Pereira, a member of the Rotaract Club of Colombo Regent, Sri Lanka, said the band was the most meaningful part of the program for him.

"It made a bond that I feel will keep all the participants connected and instill in us a conviction reminding us of our desire to change the world," Pereira said. "I am still wearing mine."

Koirala said the meeting helped her develop her leadership skills. "One of the most important things I gained from the International RYLA is the connection and relationship with other RYLarian friends from various parts of the world," she said. "The opinions and ideas we shared together made me realize each of us can bring change in this world.

"I have made a goal in my life to bring some change in this world," she added.

Dong Kurn Lee, 2008-09 RI president, said RYLarians represent a new generation of service-minded individuals who recognize the importance of ethics and leadership and the need for involvement in their community.

"[RYLA](#) is so much more than simply a path to Rotary. It is itself a part of the Rotary journey. Because our lives in Rotary are a journey -- not a destination," Lee told the participants. "I hope that RYLA will be the beginning of a long and wonderful journey in service for each of you today."

The 2010 International RYLA will take place 17-20 June in Montréal, Québec, Canada. Application forms will be available in August at [www.rotary.org/youthprograms](http://www.rotary.org/youthprograms).