



Sunrise Sentinel

July 28, 2010

Officers and Directors 2010 – 2011

President	Donas Cole
President Elect	Stacey Kemp
Secretary	Phyllis Davis
Secretary Emeritus	Mary Lou Lee
Treasurer	Weldon Copeland
Vice President, Fund Raising	Bryan Northington & Eric Holt
Club Service Director	Trevor Castilla & Ed Miles
Vocational Service Director	Tom Parker
Community Service Director	Kris Falvo
International Service Director	Bill Smith
Rotary Foundation Chair	Jim Pearson
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ron Danforth

Past Presidents

2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok
1996-97	Pat Beaman
1995-96	Linda Terry
1994-95	Paul Yeager
1993-94	Bob Flinchbaugh

Rotary District 5810

District Governor	Linda Elliot, Grand Prairie
District Governor Elect	Bud McBrayer, Plano Sunrise
District Governor Nominee	Sandra Forster, Garland

Rotary International

President Ray Klingensmith, Missouri, USA

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Kris Falvo

Sheila Miller



Executive Director
Volunteer McKinney

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Sheila Miller – Executive Director Volunteer McKinney



Sheila has been married for 37 years and has two kids and 3 grandchildren and one on the way.

She graduated with a BA in Sociology and Psychology and has worked in non profit sector around 30 years. Her specialty is volunteer management. She joined Volunteer McKinney as its Executive Director seven years ago and through her passion helped grow McKinney's volunteer recognition event and created a partnership with City to rehab homes. She also established Leaders Lunch and Collin County Volunteer Managers Roundtable.

Sheila has served on the national committee for Points of Light, Secretary for Texas Association of Volunteer Centers and also served as president on the Dallas Association of Volunteer Managers board. Sheila teaches the basics of volunteer management both locally and nationally at workshops and conferences.

Volunteer McKinney was established in 1978 and she is the 2nd Executive Director for this organization.

Mission: The mission of Volunteer McKinney Center is to enhance the spirit of citizens' responsibility and service in McKinney by facilitating volunteerism.

Scope of services: Volunteer McKinney Center (VMC) has four major objectives and core competencies:

- Provide agencies and potential volunteers a resource that allows individuals and organizations to access and promote volunteer opportunities through online and one on one dialogue.
- Provide networking and education opportunities for local nonprofit staff to improve their ability to provide strong and vital volunteer programs
- Recognize volunteers involved at agencies, organizations, businesses, churches, schools and within the community who have made a significant impact on those they have served by providing an annual volunteer recognition event
- VMC acts as a facilitator to bring together many organizations to meet specific needs of our communities through partnership and dialogue.

Currently Volunteer McKinney serves over 70 agencies and has over 120 volunteer opportunities listed. Since going online with our online web volunteer match program, we have had 15,000 referrals and average 100-200 annual referrals through email, walk in and phone.

Our Club Needs Some New Flags

We need about 150 new flags built due to the success of our flag program and Bryan has scheduled August 11th from 5:00 PM to 6:00 PM at the shed to build them. We could use any club members that can help to come by the shed on that day.

Historic Moments – Rotary Mottoes

Rotary's official mottoes, Service Above Self and One Profits Most Who Serves Best, trace back to the early days of the organization.

In 1911, He Profits Most Who Serves Best was approved as the Rotary motto at the second convention of the National Association of Rotary Clubs of America, in Portland, Oregon. It was adapted from a speech made by Rotarian Arthur Frederick Sheldon to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best."

The Portland convention also inspired the motto Service Above Self. During a convention outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not Self. Pinkham invited Paul P. Harris, who also was on the boat trip, to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.

At the 1950 RI Convention in Detroit, slightly modified versions of the two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above Self. The 1989 [Council on Legislation](#) established Service Above Self as the principal motto of Rotary, because it best conveys the philosophy of unselfish volunteer service. He Profits Most Who Serves Best was modified by the 2004 Council to They Profit Most Who Serve Best and by the 2010 Council to its current wording, One Profits Most Who Serves Best.

A Home Away from Home

For Cameron Wilson, the [Ottawa Rotary Home](#) has become a second home. Wilson, 20, has cerebral palsy; he's also blind, developmentally delayed, and uses a wheelchair.

He first stayed at the home when he was four years old. His mother, Joan, cheerfully describes her daily routine: cutting up his food, changing his diapers, and checking on him in the middle of the night – except during his visits to the Ottawa Rotary Home.

Rotarians in Ottawa opened the home in 1982 – when the concept of respite care was new – to provide overnight relief to families whose children have severe physical disabilities or other complex medical conditions. "You have to look after the caregivers," says Patricia Boomer, a member of the Rotary Club of Ottawa and past chair of the home's board of directors. "They need a break sometimes. They need support. It doesn't mean they want to give up their child."

Joan and her husband use the respite time to go on vacation with their two daughters, attend the girls' soccer tournaments and piano recitals, and deal with family emergencies. Last year, Joan hurt her back while moving her 160-pound son, and again, they turned to the Ottawa Rotary Home for support while she recovered.

She credits the home with providing a sense of balance between Cameron's needs and the rest of the family's. "If it hadn't been for Ottawa Rotary Home, I don't know how healthy our family would be," she says. "The home has alleviated an incredible amount of stress in our lives and for other families as well."

Since 1922, the Ottawa club has focused on helping children with disabilities, supporting a local summer camp and Easter Seals over the years.

The home opened with 8 beds, later expanding to 12 and quickly becoming a model for respite care. “For years, people have come to us and asked, ‘How do you do this, how do you do that, how does it work?’” Boomer says.

In 2007, the Ottawa Rotary Home Foundation launched a capital campaign to build a larger facility. Over 18 months, it raised \$2.3 million (surpassing its goal of \$2 million) from 11 Rotary clubs in eastern Ontario, individual Rotarians, families who use the home, and other donors.

With additional funding from several major donors and the government, along with a land donation of 5 acres by a Rotarian, the \$6.5 million project opened in February 2009. The original home also was renovated for adult residential care, for a total of 29 beds serving more than 200 families.

The new 18,000-square-foot building offers plenty of space and state-of-the-art features, such as a Snoezelen multisensory room, which uses combinations of gently stimulating colour, light, sound, shape, and texture to enhance therapy, learning, and relaxation.

In 2008, the facility received a United Way Community Builder Award and the Ottawa Chamber of Commerce Not-for-Profit Organization of the Year Award.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM Frisco Sunrise Rotary Club Embassy Suites, Gaylord & Parkwood</p> <p style="text-align: center;">Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">Noon Allen Rotary Club Chase Oaks Golf Club @ 7201 Chase Oaks Blvd</p> <p style="text-align: center;">Noon Plano Metro Rotary Club Glen Eagles Country Club 5401 W. Park Blvd.</p> <p style="text-align: center;">Noon Prestonwood Rotary Club Prestonwood Country Club 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon Richardson East Rotary Club Canyon Creek Country Club 625 Lookout Drive.</p>	<p style="text-align: center;">Noon Frisco Rotary Club Dallas Baptist Univ. at Frisco 3211 Internet Blvd.</p> <p style="text-align: center;">Noon Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p style="text-align: center;">Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p>	<p style="text-align: center;">7 AM Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p style="text-align: center;">Noon Richardson Central Rotary Club Richardson Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p style="text-align: center;">Online Makeup www.rotaryclubone.org</p>				
<p>Edited 04/01/08</p>				

Heads Up! Programs and Events

July 28-----Sheila Miller – Volunteer McKinney
Sponsored by Kris Falvo
August 4-----Randy Clark – Director Collin County Adult Detention
Sponsored by Ed Miles
August 11-----Flag Build Day at Shed 5:00 PM – 6:00 PM
August 11-----Juli Smith
August 18-----Patrick Custer – CEO of goKnow, Inc.
Sponsored by Mark Lowe
August 25-----Bill Smith
September 1-----Steve Mitas
September 8-----Bryan Northington

Today's Thoughts in Honor of

Friendship Day – August 1

Friendship makes prosperity more shining and lessens adversity by dividing and sharing it.

- **Cicero (106 BC – 43 BC)**

International Forgiveness Day – August 2

"The first thing was, I learned to forgive myself. Then, I told myself, 'Go ahead and do whatever you want, it's okay by me.'"

- **Jack Handy**

A man who reeked of alcohol flopped on a subway seat next to a priest. The man's tie was stained, his face was plastered with red lipstick, and a half-empty bottle of rum was sticking out of his ripped jacket pocket. He opened his newspaper and started reading. After a few minutes, the disheveled guy turned to the priest and asked, "Say, Father, do you know what causes arthritis?"

The priest, disgusted by the man's appearance and behavior, snapped, "It's caused by loose living; being with cheap, wicked women; drinking too much alcohol; and having a contempt for your fellow man!"

"Well, I'll be," the man muttered and returned to his newspaper.

The priest, thinking about what he had said, nudged the man and apologized. "I'm sorry to have come on so strong – I didn't mean it. How long have you been suffering from arthritis?"

"I don't have it, Father. I was just reading here that the Pope does."

Member Name	Work	Home	Cell	Classification
Scott Becker	972-548-3613	972-984-1817	817-269-0889	Asst. District Attorney
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Ronald Danforth	972-562-4112	972-562-9790	469-233-3871	Atty – Crim. Law
Phyllis Davis			972-658-5800	Real Estate Broker
Kris Falvo	972-529-2559	214-548-4928	214733-9558	YMCA Exec Director
Lyle Froese	972-523-8350	972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Steve Goodman	972-548-3616		214-226-2901	Criminal Investigation
Jim Gilmore	972-562-6950	214-544-1361	972-529-8503	Residential Ins
Eric Holt	972-542-4359	972-800-7552	972-800-7552	Financial Advisor
Larry Jones	972-548-4532		214-733-9211	IT Architect
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler		972-529-1110	214-796-0504	Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-838-1807	972-670-1197	Comp. Software
Bryan Northington	972-569-0170	972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Robert Ridgeway	972-529-7071	903-892-0637	903-744-0629	General Law Practice
Robert Rusoff	972-547-1672	972-547-1672	214-504-5133	Procurement
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Bill Smith	972-731-4000	972-569-8811	985-774-4048	Financial
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Connie Yeager	972-529-1351	972-529-1351	214-693-2510	Health Ins. – Ret.
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

Honorary Member

Mary Lou Lee	972-529-1778	972-529-1778	214-733-2084	Printing – Ret. - Honorary
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*Note: Please notify Phyllis Davis if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*