



McKinney Sunrise Rotary Club Sunrise Sentinel

August 1, 2012

Officers and Directors 2012 – 2013

President	Gary Taylor
President Elect	Bill Smith
Secretary	Dennis Snaveley
Treasurer	Weldon Copeland
Vice President, Fund Raising	Jeff Caserotti – Bill Smith
Club Service Director	Phyllis Davis
Vocational Service Director	Nathan White
New Generations Director	Sandi Froese
Community Service Director	Tom Parker
International Service Director	Donas Cole
Rotary Foundation Chair	Jim Pearson
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Bill Bilyeu

Past Presidents

2011-12	Stacey Kemp
2010-11	Donas Cole
2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok
1996-97	Pat Beaman
1995-96	Linda Terry

Rotary District 5810

District Governor	Sandy Forster, Garland Rotary
District Governor Elect	Ean Sullivan, Plano Rotary
District Governor Nominee	Bill Dendy, De Soto Rotary

Rotary International

President Sakuji Tanaka, Yashio, Saitama, Japan

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Ed Miles

Geno Stiles



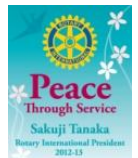
Genes Greens

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Geno Stiles – Genes Greens

Gene Stiles comes from a long line of pioneers in the food industry. Geno's family has been in the grocery business in California since the 1920's. His family still owns the Nuggets Market. After selling his stocks to his younger brothers, Geno pursued a degree in viticulture and wine technology, and planted a vineyard in Sonoma, California which produced ultra-premium Pinot Noir and Chardonnay grapes.

Geno sold Stile Vineyard in 2004 and shortly thereafter moved his family to Texas to build a greenhouse business specializing in micro greens. Our guiding principal, Amazing Grace, is much more than a song because we have truly been blessed," proclaims Geno. Genes Greens has been growing Certified Organic Micro-Greens in Texas for over seven years. "It's only though the soil that you can achieve the astonishing flavors that the chefs require! God grows them, the soil adds its many wonders, and we simply water," claims Geno, "Like humans, when plants are healthy, they will ward off diseases and live longer,. We guarantee a 10-day shelf life from the date of packaging." That could be as much as three times longer than hydroponic plants.

They offer year round Micro-Arugula, Broccoli, Radish, Red Mustard, Pak Choi, Kohlrabi, Red Cabbage, as well as the famous Genes Green's Rainbow Mix. Cilantro,, Bulls Blood and Wasabi are also packed separately, and from March- September, Green Basil is offered.

Mud Rush – Rotary Clubs of Grayson County

The Rotary Clubs of Grayson County (Sherman, Denison, Grayson, Lake Texoma, and Whitesboro) are cooperating to host a Mud Dash on 29 September, 2012. A beneficiary of proceeds will include D5810's Operation Veteran Support (OVS) headed up by Barry Jordan. Additional details will be available shortly on our new web site at www.mudrush.org. Watch for more details

We would appreciate any support, e.g., direct participation, volunteers, vendor booths (no food or alcohol sale by vendor since Loose Wheels will be doing that), club presence, sponsorships, etc. Maybe even a club to club challenge run. We promise lots of dirty fun. Note that the event will be staged at Loose Wheels, Texas located just north of Sherman off Highway 75. Loose Wheels is a see it to believe it. Other mud runs have had as many as 13,000 participants.



Rotarians carry the Olympic torch

In 1958, Bob Izon ran the mile in world-record time in the under-16 age category, becoming the English schools champion.

But the most meaningful run of his life took place in May, when the founding member of the Rotary Club of Hereford Wye Valley, Herefordshire, England, carried the Olympic torch through his hometown.

Izon is one of several Rotarians who have carried the torch on its relay to the new Olympic Stadium in London for the opening ceremony of the 2012 Summer Olympics on 27 July.

“I consider myself very fortunate to have been chosen, as half the bearers are ages 15 to 25,” he says. “It gave me a chance to pursue three objectives: inspire the younger generation, publicize Rotary’s good works, and show that a diagnosis of Parkinson’s disease does not always condemn one to a nonactive life.”

Parkinson’s disease

Izon was diagnosed with the disease in 1992 but has remained active as a Rotarian, a justice of the peace, and a school board member at St. Paul’s Church of England Primary School in Hereford.

The school’s students and their parents lined the road on 24 May for Izon’s portion of the torch relay. Members of his club bore a huge banner publicizing Rotary and their upcoming charity duck race. During an all-school assembly the next day, students spent more than two hours taking turns holding the torch that had carried the flame and having their photographs taken.

“The atmosphere within the school hall was highly emotional, and quite a few of us were close to tears,” recalls Izon. “This was truly the most remarkable week in the 144-year history of the school.”

Izon’s Parkinson’s is now largely under control. In 2003, he participated in a trial procedure at the University of Birmingham Hospital, in which electrodes were placed in his brain, alleviating many of the symptoms.

He has continued to participate in Rotary service projects. Serving as a volunteer dentist on a medical mission to help Vietnamese refugees in Hong Kong years ago, he says, reminded him that millions lack access to health care.



Rotarian Bob Izon carries the Olympic torch through Hereford, England, in May. Photo courtesy of Bob Izon

“Having Parkinson’s, being a school governor, being a Rotarian, these have all combined to give me an effective message,” he says. “I can say to the kids, don’t give in, and they believe it.”

Other torchbearers

Ken Logan, a member of the Rotary Club of Braids, Lothian, Scotland, ran his segment of the relay in June. He was nominated in part for his role in an Edinburgh charity that delivers aid to Bosnia, for which he has raised over £10,000 through marathons and long-distance swimming.

Mike Thorn, a member of the Rotary Club of Cheam, Greater London, carried the torch through Kent in July.

“It’s an opportunity to be part of history. It’s priceless, and it doesn’t get much better than this,” says Thorn. “It’s the nearest thing to running in the Olympics.”

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p>Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p>7:30 AM Frisco Sunrise Rotary Club Randy’s Steakhouse, 7026 W. Main St.</p> <p>Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p>Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p>7:30 AM Prosper Rotary Club Gentle Creek Golf Club@ 3131 E. Prosper Trail</p> <p>Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p>Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p>Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p>Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p>Noon Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p>7:00 PM Dallas Evening 415 W. 12th St. La Calle Dolce</p> <p>Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p>7:30 AM Melissa Rotary Hale Hall 1708 Harrison St.</p>	<p>7 AM Plano Sunrise Tino’s Two Restaurant 2205 Avenue K</p> <p>Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p>Noon Richardson Central Hyatt Regency-North Dallas Hotel 701 E. Campbell</p> <p>Noon Park Cities Maggiano’s Little Italy 205 North Park Center, Dallas</p> <p>Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Online Makeup www.rotaryclubone.org</p> </div>				
<p>Edited 12/06/10</p>				

Heads Up! Programs and Events

August 1-----Ed Miles

August 8-----Pat McAuliff – Dir. Of Fire Science and EMS at Collin College
Sponsored by Bill Smith

August 15-----Steve Mitas

August 22-----Bill Bilyeu

August 27-----Board Meeting – 7:00 AM at Market Street Culinary School

August 29-----Linda Terry

Today's Thoughts in Honor of

Friendship Day– August 5

We secure our friends not by accepting favors but by doing them.

- Thucydides (471 BC – 400 BC)

Work Like a Dog Day – August 5

We have too many people who live without working, and we have altogether too many people who work without living.

- Charles Reynolds Brown (1862 – 1950)



A pirate walked into a bar, and the bartender said,

"Hey, I haven't seen you in a while. What happened? You look terrible."

"What do you mean?" said the pirate, "I feel fine."

"What about the wooden leg? You didn't have that before."

"Well," said the pirate, "We were in a battle, and I got hit with a cannon ball, but I'm fine now."

The bartender replied, "Well, OK, but what about that hook?"

"What happened to your hand?"

The pirate explained, "We were in another battle. I boarded a ship and got into a sword fight. My hand was cut off. I got fitted with a hook but I'm fine, really."

"What about that eye patch?"

"Oh," said the pirate, "One day we were at sea, and a flock of birds flew over. I looked up, and one of them pooped in my eye."

"You're kidding," said the bartender. "You couldn't lose an eye just from bird poop."

"It was my first day with the hook."

Member Name	Work	Home	Cell	Classification
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
James Kallman				Social Media
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Mark Lowe	972-540-2152	972-377-6688	214-870-5959	Trust Officer
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Bryan Northington		972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787	214-533-2787	Real Estate App.
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Douglas Wilson	972-431-8795	214-733-5700	214-794-7795	Sr. Business Analyst
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

Honorary Members

Connie Yeager

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*

