



# McKinney Sunrise Rotary Club Sunrise Sentinel

August 10, 2016

## Officers and Directors 2016 – 2017

President	Juli Smith
President Elect	
Secretary	Gary Taylor
Treasurer	Dennis Snavely
Vice President, Fund Raising	Chuck Koehler
Club Service Director	Sandi Froese
Vocational Service Director	Bill Bilyeu
Youth Services Director	Larry Offerdahl
Community Service Director	Tom Parker
International Service Director	Trevor Castilla
Membership Chair	
Rotary Foundation Chair	Nathan White
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ed Miles

## Club Meeting Time and Location

07:30 Wednesday Morning  
Eldorado Country Club  
McKinney, TX

## Today's Program

Tom Parker



## Past Presidents

2015-16.....	Larry Offerdahl
2014-15.....	Steve Mitas
2013-14.....	Bill Smith
2012-13.....	Gary Taylor
2011-12.....	Stacey Kemp
2010-11.....	Donas Cole
2009-10.....	Nathan White
2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti

## Rotary District 5810

District Governor.....	Bill Dendy, E Club
District Governor Elect .....	Rick Amsberry, Park Cities Rotary
District Governor Nominee..	Beverly Grogan, Grand Prairie Mtr

## Rotary International

President.....John F. Germ, Chattanooga, Tenn. Rotary Club

## Community Service Opportunity Meeting

The Four Way Test  
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



**Rotary Club of McKinney Sunrise, District 5810**  
Club Number 28762, Chartered May 22, 1992  
P.O. Box 2244, McKinney, Texas, 75070  
[www.mckinneysunriserotary.org](http://www.mckinneysunriserotary.org)



## Community Service

Community service is one of the Avenues of Service which encourages Rotarians to offer service to their communities. Every Rotary club and every Rotarian assumes a responsibility to find ways to improve the quality of life for those in their communities and to serve the public interest.



### What is Community Service:

- Encouraging and fostering the ideal of service to the personal, business and community life of every Rotarian.
- Opportunities for every Rotarian to exemplify "Service Above Self".
- A chance to respond to the needs of a local community.



### Community Service Projects.....

- Are relevant to the community
- Serve as a learning experience for Rotarians
- Identify a Rotary club's role in its community
- Determine how Rotarians can help with the resources at hand



## 2017 District Conference and Service Cruise



Join District Governor Bill Dendy and fellow Rotarians on a 7-night Caribbean Cruise for our 2017 District Conference. We will set sail from Galveston and enjoy two days at sea for our District Conference business sessions. Additionally, we will have the opportunity to participate in Rotary Service Projects in Mexico and Jamaica. Friends and family are welcome to join us on this special vacation cruise for fun and fellowship.

Please reserve your cabin today to ensure your place for the 2017 Rotary District Conference.

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## 10 Reasons to Love Rotary Right Now

### 1. BECAUSE WE ARE ABOUT TO ERADICATE A DISEASE, AND YOU CAN BE A PART OF IT

We are 99.9 percent of the way toward ending polio. As of early June, there were only 16 cases of wild poliovirus in the world, and many think this could be the year we see the last naturally occurring case of polio.

As Rotary and our partners work to eradicate the poliovirus in Afghanistan and Pakistan, the remaining endemic countries, we also continue immunization campaigns in other high-risk countries to ensure that the disease remains gone for good. You can participate on the ground. Email [polioplus@rotary.org](mailto:polioplus@rotary.org) to connect with Rotarians leading upcoming trips.

Also consider using your network to spread the word and make sure polio stays on the global agenda. Provide a link to [endpolio.org](http://endpolio.org) in your email signature. Follow End Polio Now on Facebook and Twitter and share the story of polio eradication with your social networks. When your legislators speak at club meetings, make sure you bring up polio funding. “The fact we are grassroots enables us to have a tremendous amount of influence,” says International PolioPlus Chair Michael McGovern. Host a community event to celebrate World Polio Day on 24 October; register your event and download resources at [endpolio.org](http://endpolio.org).

Donate now and your contribution will be matched 2-to-1 by the Bill & Melinda Gates Foundation. Go to [www.endpolio.org](http://www.endpolio.org).

### 2. BECAUSE YOU ARE CONNECTED TO PEOPLE WHO TAKE ACTION

#### **Olympia LePoint - Rotary Club of Los Angeles**

is a rocket scientist who helps others overcome their fears.

#### **Kenton Lee - Rotary Club of Nampa, Idaho**

invented a shoe that can be adjusted to five foot sizes so that children always have a pair that fits.

#### **Lisa McCoy - Rotary Club of Gravenhurst, Ont.**

provides bicycles to Cambodian children so they can get to school.

#### **Ron Bowden - Rotary Club of Toowoomba East, Australia**

helped found a “men’s shed,” a communal building stocked with tools for light carpentry, where people gather to tinker and socialize.

#### **Carole Kimutai - Rotary Club of Nairobi-East, Kenya**

climbed Mount Kilimanjaro to raise money to end polio.

#### **Neli Vazquez-Rowland - Rotary Club of Chicago**

tackles homelessness, unemployment, and addiction in Chicago.

#### **Cathy Groenendijk - Rotary Club of Juba, South Sudan**

risks her life to help girls who have been orphaned by the war in South Sudan.

#### **Todd Bol - Rotary Club of Hudson, Wis.**

founded the Little Free Library movement, with more than 36,000 book exchanges in all 50 states and 70 countries.

### **Filipe Senna Fernandes - Rotary Club of Macau**

is a business consultant and marketing professional by day and a disc jockey by night.

### **Planning a project and need help?**

Rotarian experts offer advice to other members through Rotary's action group network and the Foundation's cadre system.

To learn more about action groups, visit [www.rotary.org/actiongroups](http://www.rotary.org/actiongroups).

To get in touch with a cadre adviser who can help you plan and execute a grant project anywhere in the world, visit [www.rotary.org/cadre-technical-advisers](http://www.rotary.org/cadre-technical-advisers).

### **3. BECAUSE OUR FOUNDATION IS 100 YEARS STRONG**

Founded in the midst of a world war, our Foundation grew up during a global depression and a second world war to become one of the world's leading foundations. Its story is one of vision, compassion, and generosity. What began as modest projects that helped relatively small groups of people gradually expanded, and today more than \$3 billion has been spent on programs and projects transforming millions of lives around the globe. Together, Rotarians are attacking poverty, disease, and lack of education, and bringing peace through grant-funded projects in our areas of focus.

### **Celebrate the Foundation centennial by bringing your community together.**

Find ideas for events, fundraisers, and projects at [www.rotary.org/foundation100](http://www.rotary.org/foundation100).

No matter how large or small, your gift makes a difference.

Already supporting The Rotary Foundation? Make it automatic via Rotary Direct, which allows you to choose the amount and frequency that are right for you. Get started at [www.rotary.org/give](http://www.rotary.org/give).

Considering a large gift? Endowed gifts are invested in perpetuity, with a portion of their earnings spent on a designated program. Special naming opportunities are available for endowed gifts to recognize the donor or a loved one. Learn more at [www.rotary.org/take-action/give/recognition](http://www.rotary.org/take-action/give/recognition).

### **4. BECAUSE WE KNOW ALL ABOUT SOCIAL NETWORKING**

In 1905, a lonely Paul Harris was looking for camaraderie and a way to build a professional network. Today, that network is 1.2 million members strong who are connected to other leaders in their own communities and around the world. Keep up with those connections in the My Rotary online community, where you can join a discussion group or start a new one. Share your interests and activities at [www.myrotary.org/exchange-ideas](http://www.myrotary.org/exchange-ideas). Expand your Rotary network by attending a Rotary International Convention (the next one is in Atlanta in June; visit [riconvention.org](http://riconvention.org) for details) and keep up with your connections near and far on social media: Check out Rotary's pages on Facebook, Twitter, LinkedIn, and Instagram.

### **5. BECAUSE THE GOOD YOU DO REALLY DOES COME BACK TO YOU**

Through the Global Rewards program, Rotary and Rotaract members can take advantage of discounts on car rentals, hotels, dining, entertainment, and a wide variety of other products.

(Marriott, Amazon.com, Costco, and Ikea are just a few of the businesses that participate.) Many members also offer discounts from their own businesses. Use it as a way to save money on a club project or to support a member-owned business. Products and services are added every week; find out what's new at [www.rotary.org/globalrewards](http://www.rotary.org/globalrewards).

Met someone you think would be great for Rotary? Use the same membership referral tool to connect them with the right club.

## **6. BECAUSE MEMBERSHIP JUST BECAME A LOT MORE FLEXIBLE**

Rotary clubs now have more options for attracting members and keeping them involved. In April, representatives from Rotary districts around the world met to revise Rotary's policies, approving changes that give clubs greater flexibility in when, where, and how they meet and the types of membership they offer. For example, clubs may now:

- Structure their meetings however they like, as long as they meet at least twice a month. Want your service events and monthly socials to count as meetings? No problem. Prefer to offer both online and in-person meeting options? Go for it.
- Amend their bylaws to reflect their attendance requirements. Reporting attendance to the district is still expected, but clubs are free to relax or tighten their policies.
- Change bylaws to offer additional membership types such as associate, corporate, or family. Want to invite colleagues of the same company to join as corporate members who alternate attendance at meetings? Do it.
- Invite a Rotaract member or younger professional to join at a lower financial and time commitment. Rotaractors who meet the qualifications of membership can now join a Rotary club without giving up their Rotaract status. Relatively few Rotaract members make the jump to Rotary when they turn 30. This change may facilitate Rotaractors' transition to Rotary clubs.

These changes were made after Rotary carried out several years of pilot programs to explore innovations in membership, classification, and the club experience. Consistently, the research found that when clubs have more freedom to determine how they meet, whom they invite to join, and what defines engagement, the club is more vibrant and able to grow.

## **7. BECAUSE OUR WORK TO SUPPORT PEACE AND END CONFLICT IS MAKING THE WORLD A BETTER PLACE – ONE PERSON AT A TIME**

### **Where Rotary Peace Center alumni work**

- Nongovernmental organizations 36%
- Government agencies 15%
- Research/academics 8%
- Pursuing advanced degree 8%
- Teaching 8%
- United Nations agencies 6%
- Police/law enforcement 3%
- Law 3%

- Journalism 2%
- World Bank 1%
- Other 10%

Support the Rotary Peace Centers at [www.rotary.org/take-action/give/promote-peace](http://www.rotary.org/take-action/give/promote-peace).

## **8. BECAUSE ROTARY'S SCHOLARSHIPS HELP THE BEST AND BRIGHTEST ACHIEVE THEIR GOALS**

Clubs and districts can support scholarships with either a district grant (for any level of study) or a global grant for graduate study in one of Rotary's areas of focus. A student could study anywhere in the world and for any length of time on a district grant-funded scholarship. The district provides all administrative and logistical support for this type of scholar. Rotary clubs that use global grants to support their scholarships may do so only for graduate students studying abroad in one of Rotary's six areas of focus. Scholarships range from one to four years and can include an entire degree program. Prospective scholars have to show proof of admission to the chosen university and participate in club or district activities before, during, and after the scholarship.

Did you know? The Rotary Foundation also offers a limited number of scholarships for water and sanitation professionals to study at UNESCO-IHE Institute for Water Education in the Netherlands. Rotarians interview applicants who have been admitted to the institute and recommend scholarship candidates. Learn more at [www.unesco-ihe.org/rotary](http://www.unesco-ihe.org/rotary).

### **Rotary's Areas of Focus**

- Providing clean water
- Supporting education
- Fighting disease
- Saving mothers and children
- Growing local economies
- Promoting peace

## **9. BECAUSE SCIENCE SAYS ROTARIANS ARE HAPPIER AND HEALTHIER**

Rotary club meetings offer the type of genuine social connection that triggers our bodies to release oxytocin, the so-called happiness hormone, and reduce levels of cytokines, pro-inflammatory proteins that signal the immune system to work harder and are often associated with poor health and depression. In fact, data from the Gallup-Healthways Well-Being Index show that adults who volunteer and receive recognition for community involvement have higher overall well-being scores and experience less stress than their peers. Psychologists from the University of Queensland, Australia, found that membership in multiple social groups can boost self-esteem, and not just because of the relationships contained within them. The more subjects identified with given groups, the more psychological benefits – purpose, meaning, and a sense of belonging – they gained from their memberships.

## **10. BECAUSE OUR FUTURE IS BRIGHT**

If you've ever been to a Rotaract meeting or volunteered at RYLA (Rotary Youth Leadership Awards), you've already glimpsed one of the most vibrant parts of Rotary. Our programs for

the 20-something and younger set are designed to mentor young leaders and bring generations together. Rotary recently relaxed its membership requirements, allowing Rotaract members to join a Rotary club without giving up their Rotaract membership. The change helps Rotaract members find the Rotary club that fits them best. Get involved with Rotary's programs for young leaders in your area. Learn more at [www.rotary.org/rotaractinteractryla](http://www.rotary.org/rotaractinteractryla).

Interact is a club for people ages 12 to 18 who want to connect with others in their community or school. Clubs organize at least two service projects a year: one that benefits their community and one that encourages international understanding.

RYLA is a leadership development program. While participants can be any age, most events focus on secondary school students, university students, or young professionals. RYLA events are typically three to 10 days long and include presentations, activities, and workshops.

Rotaract brings together people ages 18 to 30 in universities and communities worldwide to organize service activities, develop leadership and professional skills, and have fun.

## Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>11:45</b> Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p><b>Noon</b> Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> <p>Edited 9/9/15</p>	<p><b>7:30 AM</b> Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p><b>Noon</b> Farmersville Rotary O.E. Carlisle Civic Center 201 Orange St.</p> <p><b>Noon</b> Plano West Rotary Greek Isle Rest. @ 3309 N. Central Expressway</p> <p><b>7:00 PM</b> Dallas Evening Rotary La Calle Dolce 415 W. 12<sup>th</sup> Dallas, Tx</p>	<p><b>7:30 AM</b> Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p><b>Noon</b> Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p><b>Noon</b> Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p><b>Noon</b> Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p><b>Noon</b> Frisco Rotary Dave &amp; Busters Stonebriar Centre</p> <p><b>Noon</b> Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p><b>Noon</b> Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p><b>7:30 AM</b> Melissa Rotary First Baptist Church 2101 E Melissa Rd</p> <p><b>5:15 PM</b> McKinney Sunset Hampton Inn 2008 N. Central Expressway McKinney</p>	<p><b>7 AM</b> Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p><b>Noon</b> McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p><b>Noon</b> Richardson Central Hyatt Regency-North Dallas Hotel 701 E. Campbell</p> <p><b>Noon</b> Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p><b>Noon</b> Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<p><b>Online Makeup</b> <a href="http://www.rotaryclubone.org">www.rotaryclubone.org</a></p>				

## Heads Up! Programs and Events

Aug 10-----Tom Parker – Community Service Opportunity Meeting

Aug 11----- Jim Smith – 3eMcKinney

Aug 17----- RI changes in By-laws & how it may affect our club – Lyle Froese

Aug 18-----Club Assembly (Membership & prep for Governors visit)

Aug 24-----Sherrie Wilson: First female firefighter paramedic on the Dallas Fire  
Rescue

Aug 25----- District Governor, Bill Dendy Visit

## Today's Thoughts in Honor of ....

### Son & Daughter Day – August 11th

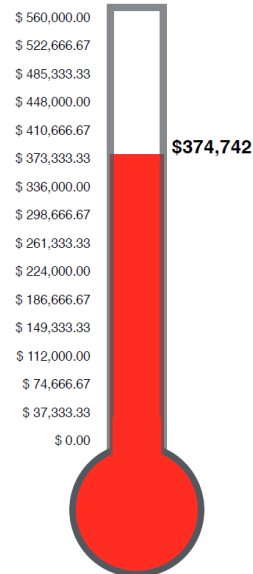
We worry about what a child will become tomorrow, yet we forget that he is someone today.

- Stacia Tauscher

### National Tell a Joke Day – August 16th

Laughter is the shortest distance between two people.

- Victor Borge (1909 – 2000)



A minister dies and is waiting in line at the Pearly Gates. Ahead of him is a guy who's dressed in sunglasses, a loud shirt, leather jacket, and jeans.

Saint Peter addresses this guy: "Who are you, so that I may know whether or not to admit you to the Kingdom of Heaven?"

The guy replies: "I'm Joe Cohen, taxi driver, of Noo Yawk City."

St. Peter consults his list. He smiles and says to the taxi driver, "Take this silken robe and golden staff and enter the Kingdom of Heaven."

The taxi driver goes into Heaven with his robe and staff, and it's the minister's turn. He stands erect and booms out, "I am Joseph Snow, pastor of my church for the last forty-three years."

St. Peter consults his list. He says to the minister, "Take this cotton robe and wooden staff and enter the Kingdom of Heaven."

"Just a minute," says the minister. "That man was a taxi driver, and he gets a silken robe and golden staff. How can this be?"

"Up here, we work by results," says Saint Peter. "While you preached, people slept; while he drove, people prayed"



<b>Member Name</b>	<b>Work</b>	<b>Home</b>	<b>Cell</b>	<b>Classification</b>
Fred Bahrenburg			469-506-3346	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Paul Blacklock			469-503-3241	Financial Advisor
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Kyle Therrian				Criminal Defense Atty.
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Bobbi Wright			707-245-8212	Escrow Officer
Pamela Zeigler-Petty	972-407-3643		214-471-3830	Bank Mgt – Bus. Banking

### **Honorary Members**

Donas Cole

Connie Yeager

Linda Terry

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you  
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*