



McKinney Sunrise Rotary Club Sunrise Sentinel

Aug 12, 2015

Officers and Directors

2015 – 2016

President	Larry Offerdahl
President Elect	Juli Smith
Secretary	Gary Taylor
Treasurer	Dennis Snavely
Vice President, Fund Raising	Chuck Koehler
Club Service Director	Ron Baker
Vocational Service Director	Bill Bilyeu
Youth Services Director	Marc-Andre Gagnon
Community Service Director	Jeff Caserotti
International Service Director	Trevor Castilla
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ed Miles

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Jill Schilp

Past Presidents

2014-15.....	Steve Mitas
2013-14.....	Bill Smith
2012-13.....	Gary Taylor
2011-12.....	Stacey Kemp
2010-11.....	Donas Cole
2009-10.....	Nathan White
2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl



A New Leash on Life – Therapy Animals

Rotary District 5810

District Governor Larry Webb, Prestonwood Rotary
District Governor Elect Bill Dendy, E-Club
District Governor Nominee...Rick Amsberry, Park Cities Rotary

Rotary International

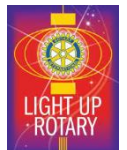
President..... KR "Ravi" Ravindran, Colombo Rotary, Sri Lanka

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



What are all those dogs doing at the Library?

When she was growing up, Jill Schilp wanted just three things beside her: a book, a dog, and a journal. Now, she says, "I have all three"

Jill is the volunteer coordinator for the A New Leash on Life Therapy Animal Group of North Texas, a DFW based community partner of the national therapy animal group, Pet Partners. Pet Partners is a national leader in demonstrating and promoting positive human-animal therapy, activities and education. Pet Partners is the nation's largest nonprofit registering handlers of multiple species as volunteer teams providing animal-assisted interactions. A New Leash on Life is an all-volunteer group which was founded by McKinney resident Sue Schultz and a team of 11 other local animal lovers, trainers, health care professionals and educators. The group has grown in a few short years to nearly 100 volunteers who all love animals and helping people. The group of therapy animals and their human partners bring the joy and comfort of a therapy animal to people in hospitals, community agencies, schools and libraries in North Texas. The group's R.E.A.D. Dogs read with children at local libraries to help kids learn to enjoy reading. The therapy animals include dogs, cat, a rabbit, a bird and even a therapy pig.

A master level registered nurse, and Certified Humane Education Specialist, Jill's background in psychiatric nursing informs her work on the benefits of animals on the mental health and well-being of humans. Jill speaks and writes about humane education, animal assisted therapy, and the mental health benefits of the human- animal connection. Jill is a contributor to the Dallas News Pets Insiders Blogs and is the author of a book on using performance data for health care improvement. Her blog, www.TheDailyJunior.com won The Dog Writers of America Maxwell Award 2014. She is currently writing a new book about therapy dogs.

Meet Jill's partner, Junior. He has four legs, a tail and many opinions.

Junior is a golden retriever. He was rescued from a shelter at one year old and became a registered therapy dog. As a registered therapy dog team and a registered Reading Education Assistance Dog team, he and Jill visited schools, community centers, and other groups to provide the healing and comfort of a therapy dog. Both recently retired and now are learning about the beauty of second acts and second chances. Sometimes Jill has a hard time getting a word in.



Jill will be presenting an overview of what therapy animals do and how they are helping people here in North Texas. She will share stories of dogs that were once homeless shelter dogs and went on to give back by serving others as therapy dogs. She will tell the story of community volunteerism and how A New Leash on Life Therapy Animal Group started in McKinney just a few years ago and grew to almost 100 teams of registered therapy animals and their handlers.

She will share stories and photos of the therapy animals and her therapy dog partner and will tell you more about Norman, The Therapy Pig.

Norman is a big ham at events.

THE LOST GIRLS OF SOUTH SUDAN AND THE ROTARIAN WHO FOUND THEM

The girls were alone. Their families were dead, or gone, or lost in the broken landscape of southern Sudan. They had nowhere to turn, and no one to turn to. Some lived in the market, others in the cemetery. When Cathy Groenendijk saw them, she couldn't help herself. She offered them tea, then some food, then a place to sleep in her guesthouse.

"In the morning, we would sit together and talk about what had happened the night before," Groenendijk remembers. "And what I heard I could not believe. I could not believe it."

One girl's father had died, and after the funeral, she never saw her mother again. She was living on the streets with some other kids when four men started chasing them. The other girls were faster. She fell behind and was caught and raped by all four men. Groenendijk knew a doctor who repaired the physical damage, saving her life.

Another three girls, ages eight, six, and one, lived with their mother, but they all slept in the open. Groenendijk helped them build a tarped shelter, but the hot sun ate it away. One night, a man snuck in and tried to assault one of the girls. After that, Groenendijk let them sleep on her veranda.

This was in 2006. A peace accord had been signed the year before, ending a 22-year civil war and paving the way for the independence of South Sudan. But the region was still broken in many ways. While the story of its "lost boys," who traveled hundreds of miles on foot to reach safety during the war, is well known, little has been written or said about the girls who stayed behind, and who were just as lost.

Groenendijk was born in eastern Uganda, where her father grew coffee and bananas on the family farm. She had three brothers and seven sisters, so when she was three years old, she was sent to the capital, Kampala, to live with an aunt. After secondary school, she went on to study nursing.

"When I was in Kampala," she says, "I used to take the food that was left from our kitchen in the training school and give it to the children who were without food. It was a very, very bad time under Idi Amin, and after."

It was a time of war, suspicion, and fighting. Between 1971 and 1979, about half a million people died under Amin's dictatorship. Another 300,000 died under Milton Obote before he was deposed in 1985.

When she finished nursing school, Groenendijk got a job at a hospital in the north of Uganda. "There were so many militias and armed groups, especially among the northern tribes," she says. "Even after the war, there were militias who were never fully disarmed. They were always fighting."

Not long after she arrived, she met a young Dutch missionary named Wim, who worked with a relief organization called ZOA that aids people trapped in conflict and disaster zones. The two fell in love, got married, and for 10 years remained in Uganda, mostly in Karamoja, the remote northeast corner of the country.

In 1993, the couple went to the Netherlands. Shortly after they moved, the genocide in Rwanda began to unfold. An estimated 800,000 to 1 million people were killed in 100 days. When the violence subsided, a colleague at ZOA asked if Wim and Cathy would be willing to

go to the country. Groenendijk would run a health program, and Wim would do agriculture and food security work in the town of Nyamata, south of Kigali. One of the most devastated areas, it's now the site of a genocide memorial, at a church where 10,000 people who had gathered for protection were murdered.

Five months after the killing stopped, the couple arrived in Nyamata. Seeing how many children had lost their parents, they took in two foster children – girls who had lost their families. The girls still visit, and one will graduate from college this fall.

“The organization had little money to plan something positive for the children, like a party, to share together, to bring kids together,” Groenendijk says. “So I did a lot of children’s programs, in addition to working.”

In 1998, ZOA asked Groenendijk if she would help establish a health program in Sudan, which, on the map, was the largest country in Africa. In reality, though, it had never been much of a country at all. The south and the north were very different, and since 1955, animist and Christian groups in the south had been fighting for independence from the primarily Muslim north.

During the first war, which lasted until 1972, more than half a million people died. The south gained some autonomy, but when oil was discovered there in the late 1970s, war broke out again. From 1983 until 2005, an estimated two million people were killed; four million more fled to other countries or to camps for internally displaced people. In a country of 12 million, no one was unaffected.

When Groenendijk and her husband arrived in 1999, the fighting was still intense. They lived in rebel territory, in a village called Katigiri. “There were areas with no medical care at all,” she remembers. “Many people were dying.” They’d lived in conflict zones before, but this time was different. Planes bombed areas that had relief operations. “When we first arrived,” Groenendijk says, “we were bombed as we were driving. Every house had foxholes, and when you heard planes flying over, you got out of the house and into the foxholes. We also had one large bomb shelter for everybody, but if a bomb landed on that one, there would be many casualties. So we used several foxholes to spread the risk.”

For nearly five years, she ran the ZOA health program in Katigiri. She made sure health workers were trained, medicines delivered, new health units opened, and transportation arranged for patients. All the while, the bombs kept coming as the war dragged on. When the danger and stress grew unbearable, the couple went back to Rwanda.

In 2005, a peace accord was signed and the fighting stopped. A date was set for a vote on independence. Groenendijk thought of the people she knew there, especially the children who’d lost so much. In 2006, she and Wim decided to return.

Now people were flooding into Juba. In the future capital of the world’s newest country, everything had to be built from scratch, including Rotary clubs. Michael Elmquist had been a Rotarian in Kastrup, Denmark, for more than 20 years when he arrived in Juba in 2008 to work for the Danish Ministry of Foreign Affairs. He could see that the area could benefit from Rotary’s work. The country had only 200 miles of paved road. Barely 2 percent of children completed primary school. Infant and child mortality rates were among the highest on every ranking. Everything needed to be restored: families, villages, lives.

“Once in Juba, I realized that the whole country of Sudan [before South Sudan became independent] had only one Rotary club, and that was in Khartoum, over 700 miles away,” Elmquist recalls. “I felt I could not live for three years without access to a Rotary club.”

He started to round up prospective candidates. But because few people in Juba knew much about Rotary, most of the initial recruits were expatriates. And because the streets didn’t have names, people listed their addresses as “the big house with the yellow roof opposite Equatoria Hotel.” Nonetheless, Elmquist soon found the required 20 people. The [Rotary Club of Juba](#) was chartered in 2010, bringing the number of Rotary clubs in a country almost twice the size of Alaska, to two.

After she and her husband moved to Juba, Groenendijk started working for an NGO called War Child, but grew frustrated with the slowness of a big organization. She needed to keep pace with the brothel owners who were recruiting girls. So she started her own organization, offering what she had. First, she gave the girls tea, then one meal. Friends would help out.

“For two years,” she says, “I was providing tea and one meal, which was better than nothing. Some of the kids had never had a meal apart from scavenging and eating leftovers from restaurants. Once a week, I would buy a proper meal for all of them.” She started going door to door, asking for funding. Help started to trickle in. As volunteers and donors appeared, her organization started to take shape. She called it [Confident Children out of Conflict](#) (CCC).

Elmquist heard about her work and invited her to join the Rotary Club of Juba. She accepted. “When they saw what I was doing,” Groenendijk says, “they used every opportunity to support us. A lot of credit goes to Michael. I went there and showed pictures of a girl who had been raped, to show what was happening in Juba. After that, a lot of people started paying attention to what we were doing.”

“The job she’s done looking after these children has just been amazing,” Elmquist says. “You can’t believe the difference in the young girls who come in. They don’t talk, they don’t know how to hold a knife or fork or anything. And she trains them and gets them to school. She gets them dressed. She saves them from prostitution, which would be their only source of income.”

Soon Groenendijk started looking for a piece of land. Eventually, she bought some property and built a dormitory that could house about 40 girls. She hired a small staff.

The Juba club continued to support her work, along with other rebuilding projects in South Sudan – which became an independent nation in 2011. At one fundraising dinner, the club auctioned drawings done by the girls at Groenendijk’s center and raised \$3,000 for CCC, as well as an orphanage in Juba.

Today, almost 40 girls and a few boys live at CCC, which also issues reports on child prostitution in Juba and the plight of the city’s 3,000 street children. It is not an easy transition for those she takes in – some girls have run away, overwhelmed by structured life. But many more stay. After about a year, Groenendijk says, they get used to living in a house, sleeping in a bed. They learn how to settle disputes without fighting. With time and patience, she helps them adjust. Where the social fabric has been torn, she does her best to mend it. In addition to educating those living at the center, CCC pays school fees for about 600 children around Juba. A few have even gone to Uganda for further schooling. One, named Esther, is at one of the best schools in that country, with plans to become a doctor.

CCC is a lively place. The girls sing and drum before going off to school in the morning, and again when they come home. Hannah Rounding, a British NGO consultant staying at the

center, says Groenendijk’s energy and enthusiasm holds it all together: “The girls love her. Everybody calls her mummy. When she’s been away and comes back, the place goes wild. All the girls are so excited – they’re jumping and cheering and clapping.”

“Cathy is a bright personality. She’s immediately endearing, from the first time you meet her,” says program manager John Fenning. “I was blown away by her capacity to love and care for all the children. It’s rewarding, and such a privilege, to be involved in that kind of work, and to see the difference you can make in these children’s lives.”

One evening in the middle of December 2013, the girls heard gunfire. Fighting had broken out between followers of the president, who is ethnic Dinka, and the Nuer vice president, whom the president had accused of planning a coup.

They girls were nervous – only the youngest had never known war. The fighting in Juba went on for days, then slowed while it raged on in other states. At least 50,000 people have been killed and another 1.6 million displaced, in what is now being called the South Sudanese Civil War. Some of the girls have been sent to an orphanage in the city of Yei, seeking safety farther south.

The rest stay with Groenendijk. Together, in a nation of unease, they keep singing, learning, and living under her watch, until they are strong enough to be on their own.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p>Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> <p style="text-align: center;">Edited</p>	<p>7:30 AM Frisco Sunrise Rotary Club Randy’s Steakhouse, 7026 W. Main St.</p> <p>Noon Farmersville Rotary O.E. Carlisle Civic Center 201 Orange St.</p> <p>Noon Plano West Rotary Greek Isle Rest. @ 3309 N. Central Expressway</p> <p>7:00 PM Dallas Evening Rotary La Calle Dolce 415 W. 12th Dallas, Tx</p>	<p>7:30 AM Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p>Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p>Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p>Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p>Noon Frisco Rotary Dave & Busters Stonebriar Centre</p> <p>Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p>Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p>7:30 AM Melissa Rotary First Baptist Church 2101 E Melissa Rd</p> <p>5:15 PM McKinney Sunset Spoons Garage On the Square Downtown McKinney</p>	<p>7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p>Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p>Noon Richardson Central Hyatt Regency-North Dallas Hotel 701 E. Campbell</p> <p>Noon Park Cities Maggiano’s Little Italy 205 North Park Center, Dallas</p> <p>Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<p>Online Makeup www.rotaryclubone.org</p>				

Heads Up! Programs and Events

August 12-----Jill Schilp - A New Leash on Life Therapy Animals of North Texas

August 13----- Charles Mohrle, Dallas Rotary Club, "Bike Safety Rodeo"

August 19-----Tim Brightman & Robby Gilbert – Billings Productions (animatronics)
Jack Bilyeu – recap of exchange year in Bavaria

August 20----- Club Social: TBA by Lisa Wilson, Club Service Chair

August 26-----Rotary District 5810 Governor Larry Webb

August 27-----Rotary District 5810 Governor Larry Webb

Today's Thoughts in Honor of

Left Hander's Day – August 13th

If the left half of the brain controls the right half of the body then only left handed people are in the right mind.

- Anonymous

National Tell a Joke Day – August 16th

The most wasted of all days is one without laughter.

- E. E. Cummings (1894 – 1962)

During one "generation gap" quarrel with his parents, young Michael cried, "I want excitement, adventure, money, and beautiful women. I'll never find it here at home, so I'm leaving. Don't try to stop me!"

With that, he headed toward the door. His father rose and followed close behind.

"Didn't you hear what I said? I don't want you to try to stop me."

"Who's trying to stop you?" replied his father. "If you wait a minute, I'll go with you."



Member Name	Work	Home	Cell	Classification
Ron Baker			541-420-9396	Retired
Fred Bahrenburg			469-506-3346	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Rebecca Drekmann	972-548-5539		214-250-6627	Public Health
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Gene Sera	972-542-0095	972-548-7884	972-670-7400	Defense Attorney
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Scott Stineman	972-332-4663	214-384-4018		Wholesale Insurance
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Jason Woodward	972-338-3022		954-444-2709	eCommerce
Pamela Zeigler-Petty	972-407-3643		214-471-3830	Bank Mgt – Bus. Banking

Honorary Members

Donas Cole

Connie Yeager

Linda Terry

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*