



McKinney Sunrise Rotary Club Sunrise Sentinel

September 7, 2016

Officers and Directors 2016 – 2017

President	Juli Smith
President Elect	Phyllis Davis
Secretary	Gary Taylor
Treasurer	Dennis Snavelly
Vice President, Fund Raising	Chuck Koehler
Club Service Director	Sandi Froese
Vocational Service Director	Bill Bilyeu
Youth Services Director	Larry Offerdahl
Community Service Director	Tom Parker
International Service Director	Trevor Castilla
Membership Chair	Bill Smith
Rotary Foundation Chair	Nathan White
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ed Miles

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Lara Strain

Past Presidents

2015-16.....	Larry Offerdahl
2014-15.....	Steve Mitas
2013-14.....	Bill Smith
2012-13.....	Gary Taylor
2011-12.....	Stacey Kemp
2010-11.....	Donas Cole
2009-10.....	Nathan White
2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti

Rotary District 5810

District Governor.....	Bill Dendy, E Club
District Governor Elect	Rick Amsberry, Park Cities Rotary
District Governor Nominee..	Beverly Grogan, Grand Prairie Mtr

Rotary International

President.....John F. Germ, Chattanooga, Tenn. Rotary Club



Global Aid Network

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Lara Strain – Global Aid Network

Global Aid Network (GAIN) serves as the humanitarian aid ministry of Cru (Campus Crusade for Christ). GAIN is a Christian organization that provides aid, relief, and critical care to people living in difficult areas of the world such as rural Africa, the Middle East, and Central Asia.

Lara Strain joined GAIN in June 2015 and missionary staff with Cru in September 2015. A career content writer, she now writes for GAIN Communications Services, sharing stories that connect people with the work GAIN is doing in the lives of suffering people.

Rotary Wheel of the Week

The Rotary Wheel of the Week for September 7, 2016 is.....Judge Nathan E. White Jr.!

Judge Nathan White is a retired State District Judge for the State of Texas who served in the District Courts in Collin County. Although officially retired from the bench he is in great demand as a visiting judge throughout Texas.

He is an outstanding Rotarian who is currently serving McKinney Sunrise Rotary Club as the Rotary Foundation Chair. He is a Past President of the Plano Rotary Club during the 1975-76 year and is a Past President of the McKinney Sunrise Rotary Club during the 2009-10 year. Judge White had the distinction of serving as the District Governor of Rotary District 5810 during 1979-80. At that time he was the youngest person who had served as District Governor of 5810. He joined Rotary at the age of 29 and has been a member of Rotary with Perfect Attendance for 45 years! That is a record in the McKinney Sunrise Rotary Club! He was also named Plano Citizen of the Year in 1986.

Judge White was born in Dallas and is married to Wanda who is a retired Plano ISD elementary schoolteacher. They celebrated their 50th wedding anniversary in February 2014 with a lovely reception at their church in McKinney which was attended by friends and Rotarians all over North Texas. The couple has two adult sons, Steve and Brad, both of whom are married and who live in the area. Their precious grandchildren are twin girls Averi and Ashley, age 13, and Aden, age 11.

He has the distinction of two degrees, a BBA in Accounting from Southern Methodist University and a Juris Doctorate from George Washington University and the SMU School of Law. An avid fan of all things SMU, you will find Wanda and Nathan at the SMU Mustang football games this fall! They also like to travel and have visited 81 countries –many of which were for Rotary International Conventions. Judge White and Wanda are also active in the Sons of the American Revolution and have held many offices in this organization. Their interest in history is also extended with their hobby of genealogy.

Judge Nathan and Wanda will host our annual fall Social at their lovely home in Mallard Lakes on September 16. McKinney Sunrise Rotary Club is fortunate to have Judge Nathan White as a valued member of our club. Thank you, Judge White, for all that you do for Rotary, your family, your church and your community!

Member Interview: Chris Clemens, 'Homeless Rotary Club President'

Chris Clemens would make a splendid case study in the liberating influence of decluttering. In recent years, he has gone from sharing a five-bedroom house with roommates to living out of an 80-square-foot Volkswagen van. The freelance marketing professional and web designer now has taken downsizing a step further by spending much of the year backpacking around the globe. Untethered, but rooted in Rotary (at age 29, he was elected president of the Rotary Club of Santa Barbara, Calif., its youngest ever), Clemens, 32, maintains contact with club members over the internet, typically from Wi-Fi hotspots in hostels. Checking in from Ecuador, where he had just spent a week hiking and snorkeling in the Galápagos Islands, he jokes, "I might be one of the first homeless Rotary club presidents." But to borrow from T.S. Eliot, home is simply where one starts from.

THE ROTARIAN: Have you always had wanderlust, or was there a transformative experience that kindled your new lifestyle?

CLEMENS: I grew up in Berne, Ind. My dad did some international travel for work, and my aunt and uncle introduced me to national parks – the Grand Canyon, Yosemite. But hiking the Appalachian Trail – 2,184 miles, Georgia to Maine – with a friend in 2012 was a big change. We lived with only what we could carry for six months. Coming back to the apartment and seeing all that stuff that was unnecessary made me want to make a change. It helps that my marketing skills set me up for a more mobile lifestyle.



TR: Do you have any advice for people who want to live lighter?

CLEMENS: Start small. If people just saw, all of a sudden, Chris living out of a van, that's a huge change and they might think something was wrong. But as people started seeing the change little by little, it made more sense. I get a lot of messages from people who follow me on social media asking for help. It's just done in small steps. I didn't end up living out of a backpack in Ecuador overnight.

TR: Was it difficult parting with nearly all your worldly goods?

CLEMENS: A lot of the stuff, like furniture and the things you acquire when you live in a house or apartment, was easy to get rid of. Family heirlooms were harder. I had over 100,000 baseball cards between me and my brother, and our grandpa helped us collect them over the years. That emotion was the investment. But once I started, it was easy. Once I got rid of them, I felt better. If I wasn't using something, it would be better if someone else could use it.

TR: Have you tapped your Rotary connections on your travels?

CLEMENS: Being in Rotary is an incredible opportunity for international travel. I have a Rotary patch on my backpack. I've been to meetings in small towns, like Cuenca [in the Andes Mountains of Ecuador]. After the meeting, one of the members drove me around. So I saw the town from a local's perspective and I got away from all the touristy stuff. I gave them one of our club banners; I'm carrying 10 and have given away three so far. I've put so much work into Rotary in California, it would be silly to not continue with that momentum, even out on the road. It's amazing to take a bus into a new town and see a Rotary wheel on a sign or a placard. It makes the world feel smaller and makes me feel at home.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p>Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> <p>Edited 9/9/15</p>	<p>7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p>Noon Farmersville Rotary O.E. Carlisle Civic Center 201 Orange St.</p> <p>Noon Plano West Rotary Greek Isle Rest. @ 3309 N. Central Expressway</p> <p>7:00 PM Dallas Evening Rotary La Calle Dolce 415 W. 12th Dallas, Tx</p>	<p>7:30 AM Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p>Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p>Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p>Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p>Noon Frisco Rotary Dave & Busters Stonebriar Centre</p> <p>Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p>Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p>7:30 AM Melissa Rotary First Baptist Church 2101 E Melissa Rd</p> <p>5:15 PM McKinney Sunset Hampton Inn 2008 N. Central Expressway McKinney</p>	<p>7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p>Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p>Noon Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p>Noon Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p>Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<p>Online Makeup www.rotaryclubone.org</p>				

Heads Up! Programs and Events

Sept 7-----Lara Strain, Global Aid Network

Sept 8-----Club Assembly – Vocational Service

Sept 14-----Meeting moved to Sept 16th Social and Dinner at the
Whites House 6:30PM

Sept 15----- Matt Payne, Minuteman Disaster Response

Sept 21-----Terry Qualls, Mckinney PD for "Take Me Home" program

Sept 22-----Club Social – Potential joint event with CC Rotaract Club

September Basket Charity – Operations Veterans Support

Today's Thoughts in Honor of

International Literacy Day – September 8th

Whenever you read a good book, somewhere in the world a door opens to allow in more light.

- Vera Nazarian (1966 -)

National Video Games Day – September 12th

Video games ruined my life, good thing I have two more.



- Anonymous

Employed as a dental receptionist, I was on duty when an extremely nervous patient came for root-canal surgery. He was brought into the examining room and made comfortable in the reclining dental chair. The dentist then injected a numbing agent around the patient's tooth, and left the room for a few minutes while the medication took hold.

When the dentist returned, the patient was standing next to a tray of dental equipment, "What are you doing by the surgical instruments?" asked the surprised dentist.



Focused on his task, the patient replied, "I'm taking out the ones I don't like."

Member Name	Work	Home	Cell	Classification
Fred Bahrenburg			469-506-3346	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Paul Blacklock			469-503-3241	Financial Advisor
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Kyle Therrian				Criminal Defense Atty.
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Bobbi Wright			707-245-8212	Escrow Officer
Pamela Zeigler-Petty	972-407-3643		214-471-3830	Bank Mgt – Bus. Banking

Honorary Members

Donas Cole

Connie Yeager

Linda Terry

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*