



McKinney Sunrise Rotary Club Sunrise Sentinel

January 8, 2014

Officers and Directors 2013 – 2014

President	Bill Smith
President Elect	Steve Mitas
Secretary	Dennis Snavelly
Treasurer	Weldon Copeland
Vice President, Fund Raising	Jeff Caserotti
Club Service Director	Phyllis Davis
Vocational Service Director	Gene Sera
New Generations Director	Larry Offerdahl
Community Service Director	Tom Parker
International Service Director	Pam Petty
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Bill Bilyeu

Past Presidents

2012-13	Gary Taylor
2011-12	Stacey Kemp
2010-11	Donas Cole
2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok

Rotary District 5810

District Governor	Ean Sullivan, Plano Rotary
District Governor Elect	Bill Dendy, De Soto Rotary
District Governor Nominee	Larry Webb, Prestonwood

Rotary International

President Ron Burton, Norman, OK Rotary, USA

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Sandra Froese



Sandra Dickey
Executive Director – Children & Community
Health Center

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Children and Community Health Center

We work to provide basic healthcare services to the people of McKinney and northern Collin County who are uninsured. Our success is measured in the number of people we can help with the quality of programs and services we provide. These programs are fueled by our dedicated staff, caring volunteers and generous donors like you.

We offer a wide range of programs and services to meet the needs of those affected by our cause. We help them and their families by providing programs, information and resources to assist in their journey. We also help by raising awareness through public outreach and media.

Children's Clinic

Children's clinic is held on Tuesday nights at 5:15. It's a walk-in clinic for children without any type of health insurance who meet our financial qualifications. Basic health care is provided along with immunizations through the Texas Vaccines for Children program.

Adult Clinics

Adults clinics are offered both day and evening hours but are by appointment only.

New patients may call the clinic on Tuesday mornings between 9 am and noon for any available appointments.

With the ever increasing number of people who have no health insurance and fall within our financial limits, appointments for new patients may be 2-3 weeks out.

Spanish translators are available.

In order to achieve our goals, we are engaged in a series of initiatives to raise awareness of our cause. Through our annual campaigns, people affected by our cause and their families receive much needed help.

We work with local hospitals, other charitable organizations, school nurses and churches to make people aware of our programs.

We attend health and volunteer fairs held by Collin College as well as McKinney Independent School district.

McKinney Sunrise Rotary Matching Grant

Our club was approved for a District 5810 matching grant of \$5,000 to purchase a Lead Analyzer and an Audiometer machines for their wellness exams. Both have been ordered.

As one of the requirements of the grant, our club needs to supply volunteers at the clinic on Tuesday evenings from 5:15 PM until they close to help register patients and entertain children who are waiting to see the doctor or nurse practitioner. BSA 496 has stepped up to help, but the volunteers need to be at least 16 years old. Erin Hagood, Interact officer at Boyd HS, is also interested in volunteering. Rotaract members, especially those interested in health occupations, might also be interested. We only have four months left to recruit volunteers before we turn in our final report to receive reimbursement.

A Dangerous Idea Offers Hope For Girls in Afghanistan

In 2005, Razia Jan came up with a dangerous idea: to start a free private school for girls in her native Afghanistan. The Taliban were using extreme violence to keep girls from learning. In 2008, the year she opened the school, terrorists in the country -- armed with bombs, poison gas, guns, grenades, and acid -- killed 149 teachers, students, and employees in Afghan schools.



But Jan did not intend to let terrorists stop her. She approached Afghan Ministry of Education officials and persuaded them to donate a piece of land in a village 30 miles outside Kabul. Today, the Zabuli Education Center is in its sixth year and has a roster of more than 400 girls in kindergarten through ninth grade.

Without the school, many of the students never would have had the chance to receive an education. "I can feel a change happening in these girls and in this community," says Jan, who moved back to Afghanistan after building a successful tailoring business in Duxbury, Massachusetts, USA. "Knowledge is something nobody can steal from them."

The Rotarian magazine talked with her about her experience launching the school.

The Rotarian: What made you return to Afghanistan to start a school for girls?

JAN: I had seen the conditions and how badly the girls were treated. I had to do something. I thought, "There are no schools for girls here. Why not build one?" At that time, I was the president of the Rotary Club of Duxbury, and we decided to hold a fundraiser. We raised \$65,000 in one night. This was in 2005. In 2008, we held two events featuring Khaled Hosseini, author of the novels *The Kite Runner* and *A Thousand Splendid Suns*, which helped us raise more than \$120,000. The place where we decided to build the school was a community of seven villages, a poor area, and they had never seen a girls' school. My hope was that this school could help break the cycle of poverty.

Did you encounter any resistance?

JAN: When I first came to this village, a man came up to me and stared at me strangely. He said, "Sister, why are you standing here? Please go inside and sit with our women and have a cup of tea." I replied, "I'm going to build this school. And I'm going to be standing here to build it. You have to get used to it. I don't think I'm going to sit inside." That was one of the first times a woman had challenged these men. The day before we opened the school, more men approached me. This time, there were four of them. "I hope you realize you still have a chance to change this school into a boys' school," they said to me. "Boys are the backbone of our community." I replied, "Unfortunately, you are all blind. I want to give you some sight." They turned around, and I never saw them again.

What changes has your school brought about in the girls and in the community?

JAN: One of the first things we do is to teach the girls how to write their father's name. Then they take it home to show their parents. The fathers have come up to me, crying: "These girls can write my name, and I can't." That is a big moment. I have proved to the men of these seven villages that this is the best thing that's happened for their daughters -- to become educated. The girls are more independent. They can talk to their father or talk to their mother and share their opinions. They can speak for themselves now. We were having a discussion in class one day and one of them stood up and said, "You shouldn't worry about what the world thinks." They couldn't say this before.

What does the future look like for these girls?

JAN: I don't want their education to end here. I would like them to go to college, but I see the difficulty in that. Next year, when the oldest girls reach 10th grade, I want to have a plan to extend their education by building a computer science center or a nursing facility. I will bring education to them if they can't attend college. I will continue to give them as much freedom as I can, and a place in society where they can speak out. Gently but surely, we will give them a more promising future.

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p style="text-align: center;">Noon Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">7:30 AM Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p style="text-align: center;">Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p style="text-align: center;">Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p style="text-align: center;">Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p style="text-align: center;">Noon Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p style="text-align: center;">7:00 PM Dallas Evening 415 W. 12th St. La Calle Dolce</p> <p style="text-align: center;">Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p style="text-align: center;">7:30 AM Melissa Rotary Hale Hall 1708 Harrison St.</p>	<p style="text-align: center;">7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p style="text-align: center;">Noon Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p style="text-align: center;">Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p style="margin: 0;">Online Makeup www.rotaryclubone.org</p> </div>				
<p>Edited 12/06/12</p>				

Heads Up! Programs and Events

- January 8-----Sandra Dickey – Executive Director Children and Community Health Ctr.
Sponsored by Sandra Froese
- January 15-----Board Meeting – Eldorado Country Club – 7:00AM to 7:40AM
- January 15-----TBA
- January 22-----Alisara Plylar – Boy Scouts – Rotary Flag Partner
Sponsored by Steve Mitas
- January 29-----Bruce Heller – Shelter Box
Sponsored by Pam Petty

Today's Thoughts in Honor of

International Skeptics Day – January 13

“Reality provides us with facts so romantic that imagination itself could add nothing to them.”

- Jules Verne (1828 – 1905)

Make Your Dream Come True Day – January 13

“You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one.”

- John Lennon (1940 – 1980)

A guy is sitting quietly reading his paper when his wife sneaks up behind him and whacks him on the head with a frying pan.

"What was that for?" he asks.

"That was for the piece of paper in your pants pocket with the name Marylou written on it," she replies.

"Two weeks ago when I went to the races, Marylou was the name of one of the horses I bet on," he explains.

She looks satisfied and apologizes.

Three days later he's again sitting in his chair reading when she nails him with an even bigger frying pan, knocking him out cold.

When he comes to, he says, "What was that for?"

"YOUR HORSE PHONED!"



Member Name	Work	Home	Cell	Classification
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Leigh Hornsby	214-551-5401			Public Information
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Gene Sera	972-542-0095	972-548-7884	972-670-7400	Defense Attorney
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavely	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

Honorary Members

Connie Yeager

*Note: Please notify Dennis Snavely if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*

