



McKinney Sunrise Rotary Club Sunrise Sentinel

April 6, 2016

Officers and Directors 2015 – 2016

President	Larry Offerdahl
President Elect	Juli Smith
Secretary	Gary Taylor
Treasurer	Dennis Snavelly
Vice President, Fund Raising	Chuck Koehler
Club Service Director	Ron Baker
Vocational Service Director	Bill Bilyeu
Youth Services Director	Marc-Andre Gagnon
Community Service Director	Jeff Caserotti
International Service Director	Trevor Castilla
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Ed Miles

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Keith Lewis

Past Presidents

2014-15.....	Steve Mitas
2013-14.....	Bill Smith
2012-13.....	Gary Taylor
2011-12.....	Stacey Kemp
2010-11.....	Donas Cole
2009-10.....	Nathan White
2008-09.....	Pamela Zeigler-Petty
2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl

Rotary District 5810

District Governor.....	Larry Webb, Prestonwood Rotary
District Governor Elect	Bill Dendy, E-Club
District Governor Nominee.....	Rick Amsberry, Park Cities Rotary

Rotary International

President..... KR "Ravi" Ravindran, Colombo Rotary, Sri Lanka



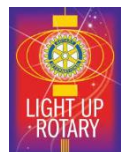
Tupps Brewery

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Keith Lewis – Tupps Brewery

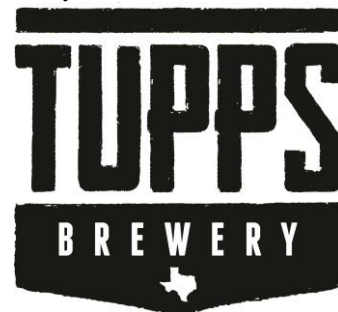


Keith is graduate of Colorado State University with a degree in business administration and marketing. Keith started his business career with Johnson and Johnson in the package goods industry.

Keith's business career required him to travel the world experiencing many different cultures. Throughout his travels, he made a point to experience the food and beers of the various countries.

Keith has continued his to quest to learn by visiting breweries with numerous market research trip to breweries in Colorado, Utah, Michigan, California and of course Texas.

Keith is a successful businessman that brings drive and creativity to TUPPs brewery. As President, Keith will manage the day-to-day operations and will drive the sales & marketing activities.



District 5810 Conference

ROTARY DISTRICT 5810 CONFERENCE

April 28 – May 1, 2016

Hilton – Dallas Lincoln Center
District 5810 Hotel Reservations
at 1-800-774-1500 (Code RDM)

Register for District Conference

Full Registration \$275

Includes all Meals, All Club Luncheon, and A Quiet Affaire

A'la Carte Registration

All Club Luncheon - \$55

A Quite Affaire - \$150

A Wave of Compassion

What Kerstin Jeska-Thorwart remembers is the silence. No birds chirping, no dogs barking, no car engines revving. Nothing. “I’ve never heard such a silence before, and never since,” she says. “I knew something must have happened.”

It was 9:35 the morning after Christmas 2004, and in Sri Lanka, it was a Poya Day, a Buddhist public holiday held every full moon. Jeska-Thorwart, a lawyer from Germany, was on vacation in Hikkaduwa, on the island’s southwestern coast. Any other morning of her holiday she and her husband would have been on the beach, but today they stayed back at their vacation home, up a small hill about a half-mile from the water’s edge, to clean and prepare for guests.

After a few minutes, sound returned, as though it had been switched on. Now she heard people running, crying. She went down the main road to see what had happened. She saw people in swimming suits, shoeless, covered in blood.

They told her there was a big wave.

The tsunami, as she later learned, was caused when an earthquake with the estimated force of 23,000 atomic bombs rattled the floor of the Indian Ocean. The seabed rose 10 feet, displacing 7 cubic miles of water. A wall of water, in some places up to 100 feet high, slammed into countries throughout Southeast Asia and as far away as Africa. All told, more than 230,000 people died in 14 countries, and 1.7 million were left homeless. More than half of the dead were in Indonesia, followed by Sri Lanka, where 35,000 people were killed.

Sri Lanka was hit by several waves that day. They knocked out cellphone service, land lines, electricity, television, radio. Jeska-Thorwart, then governor of District 1950 (Germany), opened up the house as a makeshift first aid clinic. Four days later, when the situation had stabilized, she and her husband, the late Carl-Otto Thorwart – himself a member of the Rotary Club of Nürnberg-Sigena – together with some Sri Lankan friends, drove down the coast looking for clues to the extent of the damage. “We had no information about what had happened,” she says. “Was it only Hikkaduwa that was hit, or other towns too?”

The first city they came to was Galle, about 12 miles south. Conquered by the Portuguese in the 16th century and fortified by the Dutch in the 17th, the city had long served as the main port between Europe and the East. The tsunami killed 4,000 people in the city and damaged 12,000 houses. “Every minute that went by,” Jeska-Thorwart says of her Sri Lankan companions, “they were more and more silent. They were completely shocked. They realized their country was destroyed.”



On the edge of the city, directly across the road from the beach, the group arrived at a hospital. It was Mahamodara Teaching Hospital, the primary maternity hospital in the province of 2.5 million people. “It was totally empty,” Jeska-Thorwart recalls. One of the women in the car had delivered four children there, and when she saw the devastation, she cried out: “Where are the babies?”

When the first wave of the tsunami slammed into the hospital, deliveries had been underway. Although the 10-foot wall around the hospital could not stop the wave, it buffered its force, so the water was only 4 feet high by the time it reached the prenatal ward that faced the sea. The power failed, the backup generator failed, the water supply and sewer systems failed. Patients’ mattresses were soaked with foul-smelling water. The 349 patients were evacuated, first to a nearby temple, then to the Karapitiya Teaching Hospital, a couple of miles inland. By the time the subsequent waves hit Mahamodara, no patients or staff remained on site. One baby had died.

Upon learning that the patients and staff had been moved, Jeska-Thorwart and her companions went to check on them. Only the most urgent cases had been transferred – others were sent home – and the maternity hospital had been squeezed into 70 beds in the male neurology wing and portions of two other wards at Karapitiya. Jeska-Thorwart saw pregnant women sitting outside in the rain. They lay in beds to deliver and moved to the floor to recover. There were not enough toilets; there was nowhere to eat or drink. “It was a horrible situation,” she says. She asked to speak to a doctor.



Her first words to him were: “Don’t worry. We will help you.”

“Excuse me, may I know your name?” asked Malik Goonewardene, the head of the obstetrics and gynecology department at the University of Ruhuna in Galle and a consultant at Mahamodara Teaching Hospital. He eyed Jeska-Thorwart, who was dressed in a T-shirt and shorts, like a tourist.

“I’m from Rotary. I want to help you.”

Goonewardene invited her into a meeting where the Mahamodara doctors were gathered. Jeska-Thorwart explained who she was and asked the doctors to compile a list of everything they needed. (She still has it.)

A few days later, she drove to Colombo, which – because of its location on the island’s western coast – had not been damaged as severely. She asked local Rotarians to email the list to her office in Germany. By the time she returned home on 6 January, her office was

jammed with medical equipment, and by 10 January, German Rotarians had shipped the doctors 2 tons of supplies, including scalpels, drapes, arm slings, gloves, three ultrasound scanners, and 1,360 diapers. Less than a month later, they shipped another 7 tons.

And that was only the beginning.

A decade later, Mahamodara Teaching Hospital's only ward that has not been replaced or refurbished after the tsunami stands empty. Inside, pieces of plaster are falling off the walls. A couple of old bed frames are stacked in a corner, and wires hang from the ceilings. The building dates to the 1800s, when the hospital was built to quarantine South Indian immigrants arriving to work on Sri Lanka's plantations and vaccinate them against smallpox.

In contrast are the bright and airy new buildings designed by Lakshman Alwis, an architect and a member of the Rotary Club of Colombo. Inside one, lofted ceilings with vents allow the tropical heat to rise, so the building stays comfortable without air conditioning. Large windows illuminate a room filled with beds where women rest, waiting to deliver. Since patients come from all over the province, many arrive before their due date so they don't have to travel while in labor. The hospital serves the entire socioeconomic spectrum; the wife of its deputy director delivered her baby here.

Within a few weeks of the tsunami, more than 6,000 German Rotarians had donated €1.3 million, and in 2008, The Rotary Foundation supported the project. Other partners included German-headquartered global corporations such as Siemens, Trumpf, and Ejot, as well as a foundation set up by former German Chancellor Helmut Kohl, who had been vacationing at a coastal resort southeast of Galle when the tsunami hit.

In the past 11 years, this funding has helped renovate or build 10 departments and wards, and provided equipment worth more than €1 million. The Rotary Club of Colombo, which partnered with District 1950 on the Foundation grant, managed much of the construction. Since work started, 160,000 babies have been born and more than 2.5 million women have received gynecological care. In 2014, a year the hospital saw more than 12,000 births, not one mother died – a statistic many Western hospitals would covet. “That speaks volumes about what we have been able to achieve here,” says RI President K.R. Ravindran, a member of the Rotary Club of Colombo.

“When this hospital got damaged and we had to evacuate, it was an absolute calamity. We didn't know what to do,” says Goonewardene. “Without our donors, including Rotary, who came to our aid from the start, I don't know how we would have managed.”

The project has included many steps over the years: first, operating rooms and intensive care units for mothers and babies; then the prenatal wards; and, finally, training. Jeska-Thorwart, whom Rotary honored as a Global Woman of Action at the United Nations in November, says they plan to celebrate the completion of the project in January 2017.

Since 2010, a team of doctors, midwives, and nurses has traveled once a year from Sri Lanka to Germany, and another from Germany to Sri Lanka, for training. At the biggest hospital in Nuremberg, where Jeska-Thorwart lives, only a couple of babies are born each day. In contrast, the Mahamodara Teaching Hospital delivers 70 babies daily. Because of the number of births in Sri Lanka, the German doctors get more experience in the neonatal intensive care unit dealing with birth complications. Meanwhile, Sri Lankan doctors get experience on state-of-the-art equipment in Germany.

The neonatal intensive care unit, one of the few air-conditioned buildings at the hospital, is a world of beeps and scrubs and needles. A 19-day-old infant lies in an incubator, connected to a neonatal CPAP machine to support her breathing, donated by Rotary, which equipped the entire unit. The newborn, who arrived two months premature, was transferred here because the hospital has some of the most advanced equipment in the country. "When I started here, I was amazed," says Selvi Rupasinghe, the chief neonatologist. "Rotary's contributions have made a tremendous change to neonatal care."

Outside the unit, a woman holds a sleepy toddler in her arms. The child's eyes are closed and her head droops as her mother, a dance teacher, smiles and hugs her daughter tight. The child, now 21 months old, was born premature, weighing only 2 pounds. She spent a month in the neonatal intensive care unit and today loves to dance, like many girls her age. "Without all of this equipment, she would not have been able to survive," says Sumith Manathinga, the hospital's deputy director.

English isn't the mother's first language, but she does know four words: "Thank you very much."

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>11:45 Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p>Noon Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p> <p>Edited 9/9/15</p>	<p>7:30 AM Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p>Noon Farmersville Rotary O.E. Carlisle Civic Center 201 Orange St.</p> <p>Noon Plano West Rotary Greek Isle Rest. @ 3309 N. Central Expressway</p> <p>7:00 PM Dallas Evening Rotary La Calle Dolce 415 W. 12th Dallas, Tx</p>	<p>7:30 AM Prosper Rotary Club Cotton Gin Cafe@ 204 W. Broadway</p> <p>Noon Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p>Noon Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p>Noon Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p>Noon Frisco Rotary Dave & Busters Stonebriar Centre</p> <p>Noon Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p>Noon Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p>7:30 AM Melissa Rotary First Baptist Church 2101 E Melissa Rd</p> <p>5:15 PM McKinney Sunset Hampton Inn 2008 N. Central Expressway McKinney</p>	<p>7 AM Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p>Noon McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p>Noon Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p>Noon Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p>Noon Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<p>Online Makeup www.rotaryclubone.org</p>				

Heads Up! Programs and Events

April 6-----Keith Lewis - Tupps Brewery

April 7----- Jessie Searles and students, Boyd HS, Rooftop Hanging Garden Project

April 13-----Four Way Speech Contest

April 14----- Cathy Apple, Board Member, Holy Family Pre-School, Community Gardens Kitchen

April 20-----Neil & Lynn Sperry – Crepe Myrtle Mother's Day Project

April 21-----Jeff Caserotti – McKinney Sunrise Flag Prep Training

Today's Thoughts in Honor of

Plan Your Epitaph Day – April 6th

Do not fear death so much, but rather the inadequate life.

- Bertolt Brecht (1898 - 1956)

National Beer Day – April 7th

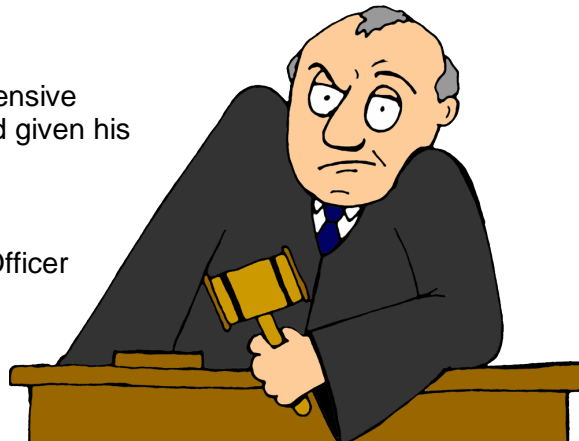
"Beer is proof that God loves us and wants us to be happy."

- Ben Franklin (1706 – 1790)

Recently in Traffic Court, a man who received an expensive parking ticket testified that a uniformed Policeman had given his OK for the man to park there.

The Judge asked the man if he would recognize the Officer if he ever saw him again, and the man replied that he would.

The Judge then said, "Good. When you see the Officer again, tell him he owes you 57 dollars. Next..."



Member Name	Work	Home	Cell	Classification
Ron Baker			541-420-9396	Retired
Fred Bahrenburg			469-506-3346	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Paul Blacklock			469-503-3241	Financial Advisor
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Rebecca Drekmann	214-436-3311		469-268-4178	Publisher
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Marc-Andre Gagnon		214-227-6744	469-247-1894	Leadership – Bus Consult
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Pamela Zeigler-Petty	972-407-3643		214-471-3830	Bank Mgt – Bus. Banking

Honorary Members

Donas Cole

Connie Yeager

Linda Terry

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*