



Member Name	Work	Home	Cell	Classification
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199	972-562-7249	214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-562-0838	903-348-3300	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Ronald Danforth	972-562-4112	972-562-9790	469-233-3871	Atty – Crim. Law
Lyle Froese	972-523-8350	972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Jim Gilmore	972-562-6950	214-544-1361	972-529-8503	Residential Ins
Matt Hilton	214-632-1020	214-632-1020	214-632-1020	Real Estate Mgt
Eric Holt	972-542-4359	972-800-7552	972-800-7552	Financial Advisor
George Kadera		972-562-3219		Human Resources – Ret.
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	Cnty Govt. Admin
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	972-744-2420	972-529-1110		Financial Mgmt
Mary Lou Lee	972-529-1778	972-529-1778	214-733-2084	Printing – Ret. - Honorary
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Steve Mitas	972-547-6404	972-838-1807	972-670-1197	Comp. Software
Zan Moltz	972-516-4359	214-726-0599		Atty – Const Law
Bryan Northington	972-569-0170	972-547-4958	469-569-6814	Auto Collision Mgr.
Tom Parker	972-540-2180	972-540-2180	972-824-8661	Ed. Admin – Pers.
Jim Pearson	972-562-9787	214-533-2787		Real Estate App.
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Linda Terry	972-542-5561	972-548-0091	469-450-4100	Fire & Casualty Ins
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Connie Yeager	972-542-1904	972-529-1351		Health Ins. – Ret.
Paul Yeager	972-529-1351	972-540-5842		City Council – Ret.
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

*Note: Please notify Jim Pearson if there is a change in your phone number or e-mail address. Thank you  
Having you number here makes it a public record, please notify Gary if you prefer not to have it listed here.*

### Officers and Directors 2008 – 2009

President	Pamela Zeigler-Petty
President Elect	Nathan White
Secretary	Jim Pearson
Secretary Emeritus	Mary Lou Lee
Treasurer	Weldon Copeland
Vice President, Fund Raising	Chuck Koehler & Jeff Caserotti
Club Service Director	Matt Hilton
Vocational Service Director	Gary Taylor
Community Service Director	Stacey Kemp
International Service Director	Donas Cole
Rotary Foundation Chair	Steven "Steve" Mitas
Sunrise Sentinel Editarian	Gary Taylor
Sergeant-at-Arms	Lyle Froese

### Past Presidents

2007-08.....	Bill Bilyeu
2006-07.....	Tom Parker
2005-06.....	K. Lyle Froese
2004-05.....	Timothy Kocsis
2003-04.....	Scott Dillashaw
2002-03.....	Linda Paluga
2001-02.....	Steven Mitas
2000-01.....	Jeff Caserotti
1999-00.....	Larry Offerdahl
1998-99.....	Chuck Koehler
1997-98.....	Frank Shushok
1996-97.....	Pat Beaman
1995-96.....	Linda Terry
1994-95.....	Paul Yeager
1993-94.....	Bob Flinchbaugh
1992-93.....	Tom Healy

### Rotary District 5810

District Governor.....	L. B. Showalter, Plano
District Governor Elect.....	Dave McSpadden, Waxahachie
District Governor Nominee.....	Linda Elliot, Grand Prairie

### Rotary International

President.....	Dong Kurn Lee, Seoul, South Korea
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### Club Meeting Time and Location

07:30 Wednesday Morning  
Eldorado Country Club  
McKinney, TX

## Today's Program

## L. B. Showalter



District Governor  
2008 – 2009  
District 5810



**Rotary Club of McKinney Sunrise, District 5810**

Club Number 28762, Chartered May 22, 1992

P.O. Box 2244, McKinney, Texas, 75070



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## District Governor L. B. Showalter

L.B. was invited into the Plano Rotary Club in 1972 and has been in perfect attendance ever since. He has been a board member of *Plano's YMCA*, and *Chairman of both the Plano United Way and Chamber of Commerce*. But it is to Rotary that L.B. has been most seriously committed. He has been a member of the Plano Rotary Club board of directors for thirty years and has been club foundation chairman for many of those years. He is a charter member of the District 5810 Paul Harris Society as well as a Benefactor and a Major Donor. He was 5810's Treasurer and Rotary Foundation Chairman for three years each. He did receive the Citation for Meritorious Service (with oak leaf cluster) and District Foundation Advocacy Award for his foundation efforts. He and Donna have attended 12 Rotary International Conventions.

He and his bride of 44 years, Donna, are from Abilene. They have three grown daughters who are all *Paul Harris Fellows*. They have six terrific grandchildren who think that he is the greatest "Gramps" on this earth. This family group of twelve live close to Donna and L. B. in Frisco, Texas. His hobbies include *spoiling his grandchildren, Jet Ski's and the Rotary Foundation*. Donna and L. B. have been active members of the First Christian Church in Plano for 39 years. His daytime job is that of a real estate developer.

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## Upcoming Events

- ⊗ **Adoption Awareness Picnic** - The Adoption Picnic will be held at the Balch Springs Recreation Center 4372 Shepherd, Balch Springs, TX 75180, on September 20 from 10:00 am to about 2:00 pm.
- ⊗ **Group Study Exchange** - District 5810 is looking for Group Study Exchange (GSE) team members to go to Peru, District 4450, from May 1 until May 30, 2009. Team members must young professionals between the ages of 25 -40. They must be employed and have arranged with their employer to have the time off. Also, they may not be related to a Rotarian. The applications for team members are due to Courtenay Tanner by Sept 25, 2008
- ⊗ **Interact Leadership Seminar** - The Leadership Seminar prepares incoming club leaders for their year in office. This is also an opportunity for club leaders from each school to meet and exchange ideas with club officers from other Interact Clubs in the district. Saturday 27 September, Interact Leadership Seminar at Hillcrest High School from 8:30 to 11:45 AM.
- ⊗ **Wheelchair Distributions** - (1) Mexico, November 13-17, 2008: This trip includes a couple of wheelchair distributions, including a large stadium distribution in Mazatlan, Mexico and also going to individual homes. (2) China, October 4-17, 2008 This trip will include a wheelchair distribution and stops in Hong Kong and several other cities in China. The primary sponsor of this trip is the Rotary Club of Foster City, California.

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## Heads Up! Programs and Events

Sep 10-----District Governor L. B. Showalter  
Sep 17-----Steve Mitas  
Sep 24-----Donas Cole  
Oct 1-----Bill Bilyeu – Paul Grounds, Meat Market Mgr. Market St.  
Oct 8-----Lyle Froese  
Oct 15-----Stacey Kemp  
Oct 22-----Zan Moltz  
Oct 29-----Linda Terry

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## Today's Thoughts in Honor of ....

### Swap Ideas Day- September 10

So many new ideas are at first strange and horrible, though ultimately valuable that a very heavy responsibility rests upon those who would prevent their dissemination.

- **J. B. S. Haldane (1892 - 1964)**

### Defy Superstition Day - September 13

Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom.

- **Bertrand Russell (1872 - 1970)**

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An Indian walks into a trading post and asks for toilet paper. The clerk asks if he would like no name, Charmin, or White Cloud.

"White Cloud sounds like good Indian toilet paper," says the Indian. "How much is it?"

"\$1.00 a roll," the clerk replies.

"That seems pretty expensive," responds the Indian. "What about the others?"

"Charmin is \$2.00 a roll, and no name is 50 cents a roll."

The Indian doesn't have much money, so he opts for the no name. Within a few hours, he is back at the trading post.

"I have a name for the no name toilet paper," he announces to the clerk. "We shall call it John Wayne."

"Why?" asks the confused clerk.

"Cause it's rough and it's tough and it don't take no crap off an Indian."

## Area Meeting Makeup Locations

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:45</b> Farmers Branch Rotary Club, Brookhaven Country Club 3333 Golfing Green Dr.</p> <p><b>Noon</b> Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p><b>7 AM</b> Frisco Sunrise Rotary Club Embassy Suites, Gaylord &amp; Parkwood</p> <p><b>Noon</b> Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p><b>Noon</b> Plano West Rotary Club Southfork Hotel @ 1600 N. Central Expressway</p>	<p><b>Noon</b> Allen Rotary Club Municipal Court/Parks &amp; Recreation Office Building (SE corner of McDermott Drive &amp; Century Parkway)</p> <p><b>Noon</b> Plano Metro Rotary Club Glen Eagles Country Club 5401 W. Park Blvd.</p> <p><b>Noon</b> Prestonwood Rotary Club Prestonwood Country Club 15909 Preston Rd., Dallas</p> <p><b>Noon</b> Richardson East Rotary Club Canyon Creek Country Club 625 Lookout Drive.</p>	<p><b>Noon</b> Frisco Rotary Club Dallas Baptist Univ. at Frisco 3211 Internet Blvd.</p> <p><b>Noon</b> Hurricane Creek Rotary Club Hurricane Creek Country Club 1800 Fairway Lane, Anna</p> <p><b>Noon</b> Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p>	<p><b>7 AM</b> Plano Sunrise Rotary Club Tino's Two Restaurant 2205 Avenue K</p> <p><b>Noon</b> McKinney Rotary Club Ricks Chop House 107 N. Kentucky St.</p> <p><b>Noon</b> Richardson Central Rotary Club Hyatt Hotel 701 E. Campbell</p> <p><b>Noon</b> Park Cities Rotary Club Maggiano's Little Italy 205 North Park Center, Dallas</p>
<p><b>Online Makeup</b> <a href="http://www.rotaryclubone.org">www.rotaryclubone.org</a></p>				
<p>Edited 04/01/08</p>				

## Polio survivor cycles across Canada to fight polio

"I am reminded of the effects of polio every day of my life," says Ramesh Ferris, who is cycling 7,200 kilometers (4,474 miles) across Canada to ensure that children worldwide are able to walk.

The 28-year-old polio survivor is riding a 27-speed handcycle on a journey that began in Victoria, British Columbia, on 12 April. He plans to arrive in Cape Spear, Newfoundland, in mid-October.

"Cycle to Walk is my way to prevent polio and give other polio survivors a chance to reach their full potential," said Ferris. He is promoting polio eradication at schools,

Rotary, and other service clubs, health care providers, and government offices.

Among other highlights, Ferris has cycled through Fraser Canyon, the Canadian Rockies, and Jasper National Park, on the Terry Fox Courage Highway, and across the town of Sudbury's Bridge of Nations. He has stopped to address District 5550's annual conference, joined Sault Sainte Marie's Rotaryfest parade, and been honored by the Toronto Blue Jays on Cycle to Walk night, in front of more than 23,000 baseball fans.

On 12 August, Ferris met with Canadian Prime Minister Stephen Harper in Ottawa. "Our visit today helps demonstrate that Canada will continue to be a global leader in the fight against history's greatest cause of disability," Ferris said.

A day earlier, Ferris was welcomed to the nation's capital by Liberal Party leader Stéphane Dion. "It's a wonderful initiative," Dion said of the global battle to end polio. "It requires a lot of courage and determination. Everything we are able to do, we will do."

### Personal battle

For his part in that battle, Ferris has had to draw deeply on his own determination many times. Born in Coimbatore, Tamil Nadu, India, in 1979, he was stricken by polio at the age of six months. He was adopted by Canadian parents at age two and, following several surgeries and physical rehabilitation, learned to walk with crutches by age four. But polio also afflicted his lungs, and he contracted pneumonia nine times before his 11th birthday.

A visit to India in 2002 and seeing others suffering from polio inspired Ferris to found the Cycle to Walk Society, which raises money to fight polio and boosts public awareness of the disease. His goal in cycling across Canada is to raise C\$1 million (US\$955,082); as of 15 August, contributions had reached C\$279,148 (US\$266,609). Of the total, 75 percent will go to PolioPlus to immunize children in polio-endemic and at-risk countries, 20 percent to aid rehabilitation, and 5 percent to help educate Canadians about the disease and advocate their continued immunization.

"We are on the brink of making history," he said about the global effort to eradicate polio. "Let's get excited about making polio history, so that we can continue the work of ridding the world of other diseases."

To follow Ferris's journey, read his blog at [www.cycletowalk.com](http://www.cycletowalk.com).



Ferris cycles along a prairie field in Saskatchewan, Canada. *Photos courtesy of Ramesh Ferris Cycle to Walk Society*