



McKinney Sunrise Rotary Club Sunrise Sentinel

October 30, 2013

Officers and Directors 2013 – 2014

President	Bill Smith
President Elect	Steve Mitas
Secretary	Dennis Snavelly
Treasurer	Weldon Copeland
Vice President, Fund Raising	Jeff Caserotti
Club Service Director	Phyllis Davis
Vocational Service Director	Gene Sera
New Generations Director	Larry Offerdahl
Community Service Director	Tom Parker
International Service Director	Pam Petty
Publicity Chair	Stacey Kemp
Rotary Foundation Chair	Fred Bahrenburg
Sunrise Sentinel Editorian/Webmaster	Gary Taylor
Sergeant-at-Arms	Bill Bilyeu

Past Presidents

2012-13	Gary Taylor
2011-12	Stacey Kemp
2010-11	Donas Cole
2009-10	Nathan White
2008-09	Pamela Zeigler-Petty
2007-08	Bill Bilyeu
2006-07	Tom Parker
2005-06	K. Lyle Froese
2004-05	Timothy Kocsis
2003-04	Scott Dillashaw
2002-03	Linda Paluga
2001-02	Steven Mitas
2000-01	Jeff Caserotti
1999-00	Larry Offerdahl
1998-99	Chuck Koehler
1997-98	Frank Shushok

Rotary District 5810

District Governor	Ean Sullivan, Plano Rotary
District Governor Elect	Bill Dendy, De Soto Rotary
District Governor Nominee	Larry Webb, Prestonwood

Rotary International

President Ron Burton, Norman, OK Rotary, USA

Club Meeting Time and Location

07:30 Wednesday Morning
Eldorado Country Club
McKinney, TX

Today's Program

Sponsored by Steve Mitas

Chris Hill



Collin County Commissioner

The Four Way Test
of the things we think say or do....

1. Is It the Truth
2. Is It Fair to All Concerned
3. Will it Build Goodwill and better Friendships
4. Will it be Beneficial to all Concerned



Rotary Club of McKinney Sunrise, District 5810
Club Number 28762, Chartered May 22, 1992
P.O. Box 2244, McKinney, Texas, 75070
www.mckinneysunriserotary.org



Chris Hill – Collin County Commissioner

Chris is a native and sixth-generation north Texan, and a second-generation resident of McKinney and Collin County. In 1976, Chris' parents moved to McKinney and purchased a home on West Hunt Street in the heart of the McKinney historical district. Chris now resides in McKinney with his high school sweetheart and wife of 14 years, Laura, and their three children.

Chris has been an active conservative and member of the community, serving as a Republican precinct chair, election judge, and delegate/alternate at Republican state conventions since 1996. He has served as the Treasurer for the Collin County Republican Party and has served on the budget committee, financial review committee, bylaws committee, and as chair of the technology committee. In 2010, Chris was presented the Chairman's Award for volunteer of the year by Collin County Republican Party Chairman Fred Moses.

He is an Eagle Scout and volunteers as a Cub Scout leader for his two sons. He and his family attend and volunteer at Christ Fellowship church in McKinney. Chris also volunteers in the community as a member of the Rotary Club of McKinney.

Blood Drive



Date: Saturday, November 9, 2013
Time: 10:00 am to 4:00 pm
Place: Plano Recruiters Offices located at 301 W. Parker Road, Ruisseau Village, west of Central
Contact: Fred Bemenderfer 972-423-4372 or Karen Marks 214-563-4156

We will also be collecting items to send to the Troops

Partnering with Mercy Ships in New Guinea

A team of health professionals is touring Donka hospital in Conakry, Guinea, in March when they spot more than a dozen large, greenish masses covering the ground. To the U.S. team members, they look like an art installation; in fact, they are hospital gowns and surgical drapes, laundered and spread out to dry. They are a vivid example of the group's objective: to lower deadly infection rates caused by unsterile procedures.

This Rotary Foundation vocational training team is the first to serve under Rotary's partnership with the nonprofit Mercy Ships. Rotary District 7690 in North Carolina, USA, sponsored the team with a packaged grant, part of the new Rotary grant model that launched worldwide 1 July. The team's five members will train Guinean health professionals at the two national hospitals.

The *Africa Mercy*, a 500-foot oceangoing hospital ship, is docked in Conakry for a 10-month medical mission. The Mercy Ships staff and visiting experts, such as this team, will tackle a range of tasks, including setting up medical and dental clinics, conducting health screenings, performing surgeries on board, and conducting health care outreach throughout the country. The ship also will serve as a steel-hulled security blanket.

"Mercy Ships looks for ways to continue helping local medical professionals after the ship leaves port," says Michelle Bullington, who helped advise the team. "Improving sterilization techniques would have a sustainable impact."

Rick Snider, former governor of District 7690, worked on a Mercy Ships vessel for five years with his wife, Linda, and coordinated the Guinea project. He recruited assistant governor Jenny Braswell as team leader. A recently retired public health official, Braswell has volunteered on numerous Rotary projects in rural Nicaragua and Jamaica. Her husband, Sherrill, a physician, became Braswell's first recruit for the Guinea team. She handpicked the rest from among former public health colleagues in North Carolina.

In Guinea, the team's work begins with a tour of the century-old Ignace Deen Hospital. Laundered gauze bandages droop over railings to dry in the sun for reuse. The well-worn examination tables have no sterile paper, and the medical units are nearly devoid of supplies and equipment such as autoclaves and medical waste boxes. Doctors and nurses provide their own rubber gloves and sterile masks and gowns. Germ-killing bleach is rare.

In the generally clean wards, the patients' family members sleep under the beds; they are the main caretakers. Food is stored on the floor where it is accessible to vermin, and flies and mosquitoes glide freely through doorways kept open to contend with the heat.

The team also visits Donka hospital, where toilets are flushed with water from a pail, and power outages are common. "The staff members touch patients without gloves, going patient to patient without washing hands. There are unbandaged wounds, flies and roaches, open sewage right outside a patient facility and no sterile barriers," says Sherrill Braswell, adding an observation that he later repeats so often it sounds like a campaign slogan: "They are doing the best they can with what they have."

For a week, the team provides training in reducing infections, covering topics such as using surgical gloves, masks, and gowns; controlling rats and mosquitoes; disinfecting with bleach; tracking infectious diseases; and hand-washing.

"Fifty percent of hospital-associated infections could be prevented with hand-washing," Lyon says. Knowledge gaps soon become apparent. A serious misunderstanding exists about hand sanitizer: that it causes germs to stick to the hands. "It is important to clarify that hand sanitizer kills bacteria" – particularly in a place where running water is unreliable, Jenny Braswell says. An exchange on wound

care illuminates the need to treat wounds immediately to avoid infection instead of waiting until symptoms appear.

Donka's director, Hadja Fatou Sikhé Camara, says her hospital wants to reduce infection, "but we lack the equipment and supplies. We are willing to do what you do, but as an undeveloped country, we lack the means."

When Sherrill Braswell presses for what is needed to reduce infections, the answer is lengthy: more autoclaves, antibiotics, vaccines, bed nets, and rubber gloves, in addition to computers for blood analysis and a water tower to maintain running water. Of six operating rooms, only the new maternity units have UVGI (ultraviolet germicidal irradiation), a standard sterilization method.

Even small changes could have a big impact, the team says. "If they could get patients and caregivers to wash their hands, and if they would hang up the surgical drapes instead of drying them on the ground, significant improvement would result," Jenny Braswell observes.

But the lack of supplies and equipment cannot be ignored, she notes. Providing bars of soap would help, as would arranging for inexpensive solar-powered autoclaves for sterilizing surgical instruments.

Back home in North Carolina, the team is continuing its work by trying to acquire and deliver materials the hospitals need. "The hospital workers are able to do the job," Braswell says. "But they need the supplies."

Area Meeting Makeup Locations

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p style="text-align: center;">11:45</p> <p>Farmers Branch Rotary Club, Holiday Inn Select Galleria Area 2645 LBJ Freeway Dallas, Texas</p> <p style="text-align: center;">Noon</p> <p>Richardson Rotary Club Canyon Creek Country Club 625 Lookout Drive</p>	<p style="text-align: center;">7:30 AM</p> <p>Frisco Sunrise Rotary Club Randy's Steakhouse, 7026 W. Main St.</p> <p style="text-align: center;">Noon</p> <p>Farmersville Rotary Club O.E. Carlisle Civic Center 201 Orange St. @ Hill Street</p> <p style="text-align: center;">Noon</p> <p>Plano West Rotary Club Greek Isle Rest. @ 3309 N. Central Expressway</p>	<p style="text-align: center;">7:30 AM</p> <p>Prosper Rotary Club Cotton Gin Cafe @ 204 W. Broadway</p> <p style="text-align: center;">Noon</p> <p>Allen Rotary Club Courtyard by Marriott @ 210 E. Stacy Road</p> <p style="text-align: center;">Noon</p> <p>Hurricane Creek Rotary 1800 Fairway Lane Anna</p> <p style="text-align: center;">Noon</p> <p>Prestonwood Rotary Club Prestonwood CC 15909 Preston Rd., Dallas</p> <p style="text-align: center;">Noon</p> <p>Richardson East Rotary Club Canyon Creek CC 625 Lookout Drive.</p>	<p style="text-align: center;">Noon</p> <p>Frisco Rotary Club Dave & Busters Stonebriar Centre</p> <p style="text-align: center;">7:00 PM</p> <p>Dallas Evening 415 W. 12th St. La Calle Dolce</p> <p style="text-align: center;">Noon</p> <p>Plano Rotary Club Southfork Hotel 1600 N. Central Expressway</p> <p style="text-align: center;">7:30 AM</p> <p>Melissa Rotary Hale Hall 1708 Harrison St.</p>	<p style="text-align: center;">7 AM</p> <p>Plano Sunrise Tino's Two Restaurant 2205 Avenue K</p> <p style="text-align: center;">Noon</p> <p>McKinney Rotary Club Ricks Chop House 107 N Kentucky st.</p> <p style="text-align: center;">Noon</p> <p>Richardson Central Hyatt Regency- North Dallas Hotel 701 E. Campbell</p> <p style="text-align: center;">Noon</p> <p>Park Cities Maggiano's Little Italy 205 North Park Center, Dallas</p> <p style="text-align: center;">Noon</p> <p>Celina Rotary 320 S. Preston Rd TX Star Bank</p>
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p style="margin: 0;">Online Makeup www.rotaryclubone.org</p> </div>				
<p>Edited 12/06/12</p>				

Heads Up! Programs and Events

November 6-----Chris Hill – Collin County Commissioner
November 7-----Flag Distribution at the Shed – 4:00 PM
November 12-----Flag Retrieval at the Shed – 4:30 PM
November 13-----Combined Meeting with Downtown Club
 Speaker – Mayor Brian Loughmiller
November 20-----Barbara Johnson – Executive Director – Heart Gift
November 27-----Dark – Have a Happy Thanksgiving

Today's Thoughts in Honor of

Dunce Day – November 8

Only two things are infinite, the universe and human stupidity, and I'm not sure about the former.

- Albert Einstein (1879 – 1955)

Veterans Day– November 11

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

- John F. Kennedy (1917 – 1963)

Three men died and stood in front of God. God asked the first man if he had been faithful to his wife. The man admitted to two affairs during his marriage. God gave him a compact car to drive in heaven.

The second man admitted to only one affair and was given a mid-sized car.

The third man was asked the same question and said that he had been faithful to his wife until the day he died. God praised him and gave him a big luxury car.

A week later, the three guys met in a parking lot in heaven. The man driving the luxury car began to cry.

"What's the matter?" the other two men asked.

He replied, "I just passed my wife, and she was riding a bike!"



Member Name	Work	Home	Cell	Classification
Fred Bahrenburg		972-540-1311	972-523-4827	TV Cable Installation, ret.
Bill Bilyeu	972-548-4698	214-686-1329	214-686-1329	Collin Co. Admin
Jeff Caserotti	972-548-1199		214-850-4841	Auto Insurance
Trevor Castilla	972-569-9193	972-529-6534	469-371-5409	Civil Engineer
Donas Cole	972-548-5482	972-548-6908	214-592-5279	Hospital Admin
Weldon Copeland	972-548-3811	972-562-0838		Judge – Probate
Phyllis Davis			972-658-5800	Real Estate Broker
Ruben Delgado	972-548-3728	972-548-0326	214-686-6998	County Engineer
Lyle Froese		972-569-8843	972-523-8350	Ed Admin
Sandi Froese	903-815-4779	972-569-8843	903-815-4779	Ed Admin
Leigh Hornsby	214-551-5401			Public Information
Stacey Kemp	972-548-4136	972-837-2534	214-356-4808	County Govt. Admin.
Tim Kocsis	972-547-6404	972-838-1808	972-670-3850	Comp. Programmer
Chuck Koehler	214-449-6868	972-529-1110	214-449-6868	Financial Mgmt
Brian Loughmiller	972-529-5554	972-529-9030	214-924-6900	Atty – Family Law
Ed Miles		972-540-1541	214-673-5284	Psychologist
Steve Mitas	972-547-6404	972-837-4474	972-670-1197	Comp. Software
Scott Parker	214-385-4142	972-727-9852	214-287-0737	Financial Consultant
Tom Parker	972-540-2180	972-540-2180	972-832-5590	Ed. Admin – Pers.
Larry Offerdahl		972-562-5722	806-672-0680	Retired Parks and Rec
Gene Sera	972-542-0095	972-548-7884	972-670-7400	Defense Attorney
Bill Smith	972-731-4014	972-569-8811	985-774-4048	Financial
Juli Smith	972-562-6996	972-562-1866	972-658-9977	Non-Profit
Dennis Snavelly	972-771-2155	972-562-3796	972746-6920	Business Communications
Gary Taylor	972-548-5140	972-984-1052	972-984-0661	Groc. Store Mgmt
Nathan White	972-979-9204	972-562-6445	972-979-9204	Judiciary
Pamela Zeigler-Petty	972-398-4027	972-540-5383		Bank Mgt – Bus. Banking

Honorary Members

Connie Yeager

*Note: Please notify Dennis Snavelly if there is a change in your phone number or e-mail address. Thank you
Having your number here makes it a public record, please notify Gary if you prefer not to have it listed here.*